



Summer I Schedule

Session date: Monday, May 6-Friday, June 28

No classes will be held on Monday, May 27 (Memorial Day)

Monday	Tuesday	Wednesday	Thursday	Friday
Cardio	Strength	Cardio	Strength	Cardio
6:30-7:15 a.m. Haiden Katelyn	6:30-7:15 a.m. John AJ	6:30-7:15 a.m. AJ Haiden	6:30-7:15 a.m. John AJ	6:30-7:15 a.m. Haiden Antonio
12:15-1 p.m. Mark Andre	12:15-1 p.m. Mike Beth	12:15-1 p.m. Antonio Chris	12:15-1 p.m. Mark Andre	12:15-1 p.m. Mike Taylor
5:20-6:05 p.m. Garrett Mark	5:20-6:05 p.m. Garrett Katelyn	5:20-6:05 p.m. Garrett Mark	5:20-6:05 p.m. Garrett Logan	

Non-Western Wellness Prices

One session

Single class pass-\$3

Group fitness-\$20

F45-\$49

Unlimited-\$64

Both sessions

Group fitness-\$35

F45-\$79

Unlimited-\$99

Western Wellness Prices

One session

Single class pass-\$3

Group fitness-\$15

F45-\$39

Unlimited-\$49

Both sessions

Group fitness-\$25

F45-\$64

Unlimited-\$84



wmich.edu/rec/fitness



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