Western Michigan University’s Exercise Physiology (M.S.) program provides students with an advanced understanding of the physiological and functional adaptations to movement.

It combines traditional lecture-based courses with hands-on laboratory experiences.

It also combines the practical application of exercise physiology with current research findings.

Students can individualize their program by choosing from a variety of elective courses.

Students can also choose to complete a thesis, independent research project or internship for the capstone experience.

The Department of Human Performance and Health Education has a state-of-the-art laboratory that is used throughout the exercise physiology coursework.
Exercise Physiology (M.S.)

Teaching, Research, and Program Focus Areas
The primary mission of the Exercise Physiology program is to prepare students for successful careers in health-related professions. The program fosters experiences both in and outside of the classroom to develop the knowledge, skills, and abilities necessary to become successful professionals who will positively impact the health and well-being of others.

Students are prepared for careers in health and fitness promotion, corporate wellness, cardiac rehabilitation, and strength and conditioning. Graduates also pursue advanced degrees in exercise physiology, biomechanics, physical therapy, and medicine.

Admissions
The Exercise Physiology program requires that students start the program in the fall semester. Applications are due in March. GRE General Test scores are required. All application materials are noted on the department website: wmich.edu/humanperformance/academics/grad/exercise-sports-med

Graduate Assistantships/Associateships
The Department of Human Performance and Health Education offers approximately six to eight graduate teaching assistantships each year. The primary responsibility of our graduate teaching assistants is to serve as instructors in our physical activity and health and wellness courses. Applications are due March 1st. Please refer to the department website for more details.

Contacts
Dr. Timothy Michael
tim.michael@wmich.edu

Department of Human Performance and Health Education:
(269) 387-2710
wmich.edu/humanperformance

Western Michigan University
One of the top-100 public universities in the United States, Western Michigan University offers many nationally known graduate programs, including 29 doctoral and 64 master’s degrees. More than 20 percent of its 25,000 students are enrolled in graduate course work.

Kalamazoo
With a population of more than 325,000, Kalamazoo is the sixth largest metropolitan area in Michigan and among the 150 largest in the country. Kalamazoo is rated one of the 25 best cities in the country for young college graduates, and is located midway between Chicago and Detroit.