

## Resources for Long-Term Care

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Eldercare Locator 1-800-677-1116, <https://eldercare.acl.gov>

Area Agency on Aging, Region IIIA, Information: 269-373-5173,  
<http://www.kalcounty.com/aaa>

Senior Services, Inc., 269-382-0515, <https://seniorservices1.org/>

<https://medicare.gov/nursinghomecompare>;  
<https://medicare.gov/homehealthcompare>

Michigan Department of Licensing and Regulatory Affairs (LARA)  
Lookup an Assisted Living or Adult Foster Home:  
<http://w1.lara.state.mi.us/AdultFosterCare>

Housing Options	In-Home Care Options
Family home	Family and Friends (see page 2)
Senior Apartments	In-Home Electronic Monitoring
Independent Living in CCRC	Private Pay In-Home Oversight
Assisted Living (Homes for the Aged in MI)	Chore/Homemaking Services
Adult Foster Homes	Home Health Services
Skilled Nursing Facility (SNF)/Rehab. Center	Respite Care

### Payment Options

1. Private Pay
2. Medicare (Rehabilitation at home or in SNF after hospitalization, hospice)
3. Medicaid (Mainly SNF, must qualify due to income or disability, many qualify after a few months in SNF)
4. Medicaid-waiver for in-home services
5. Long Term Care Insurance
6. Program of All-Inclusive Care for the Elderly (PACE). In Kalamazoo and Battle Creek this is Senior Care Partners (previous name, CentraCare)

## **Oversight**

1. Family and friends
2. Long-Term Care Ombudsman (269) 373-5173
3. Adult Protective Services (855) 444-3911
4. State Licensing. Complaints (866) 856-0126
5. Joint Commission, [https://www.jointcommission.org/report\\_a\\_complaint.aspx](https://www.jointcommission.org/report_a_complaint.aspx)
6. Centers for Medicare and Medicaid Services 1-800-MEDICARE

## **Decision-Making Tips**

Plan ahead, Talk

Shop and do your research

Call Area Agency on Aging Information and Assistance

## **Caregiver Resources**

*Caregiver health is at risk.*

*Respite, assistance, or a move can make a big difference.*

Alzheimer's Association, 24/7 Helpline 800-272-3900, <https://www.alz.org/> (free e-Learning Courses)

Support groups (Alzheimer's Association, churches, create your own)

Videos (key words on YouTube: elder care, family caregiving, elder health...)

Adult Day Services

Neighbors, friends and family

Creating Confident Caregivers (Training through Area Agency on Aging)

Respite care

Training from hospital, home health or skilled nursing facility