

Physical Education Major: Teacher/Coach Emphasis
Western Michigan University College of Education and Human Development

Program 88-90 credits (122 Credit Hours Needed for Graduation; Teachable Minor Required)

Name: _____ WIN: _____ Catalog Year: _____

GEN ED	PRE-REQUISITES	COURSES	TRAN/SEM/GRADE	CR HR
REQUIRED COGNATES: 13-15 HRS				
Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI		BIOS 1120 Principles of Biology OR BIOS 1600 Biological Form and Function OR BIOS 1610 (1500) Molecular and Cellular Biology		3
				3
				4
	BIOS 1120 or 1600 or 1610 (1500) w/"C" or better	BIOS 2110 Human Anatomy		4
	BIOS 2110 w/"C" or better	BIOS 2400 Human Physiology		4
Area VIII		HOL 1000 Holistics Or HPHE 1110 Healthy Living		2-3
REQUIRED PROFESSIONAL THEORY COURSES: 17 HRS			Courses Cannot Count For Both Major/Minor	
		◆ HPHE 1500 Foundations of Physical & Health Ed (F)		3
	HPHE 1500; All Cognates; Apply at HPHE Office	Teaching Assistantship	Term Completed: _____	
		HPHE 1810 or 3810 First Aid		2
	BIOS 2110	HPHE 2950 Functional Anatomy & Biomechanics		3
	BIOS 2110; 2400	HPHE 2980 Exercise Physiology		3
	HPHE1500	HPHE 3150 Measurement/Evaluation/Stats		3
Prof 2	HPHE 1500; 56+ credit hours	HPHE 4500 Cultural Dynamics of Health, PE, Rec		3
REQUIRED COACH THEORY/TECHNIQUES COURSES: 6 HOURS			Courses Cannot Count For Both Major/Minor	
		HPHE 2350 Theory of Coaching		2
	HPHE 2350	HPHE 3350 Advanced Theory of Coaching		2
	Approved Application	HPHE 4000 Field Exper/Internship HPHE		2
REQUIRED PROFESSIONAL ACTIVITY COURSES: 17 HOURS			Courses Cannot Count For Both Major/Minor	
		HPHE 1610 Invasion Games (F)		3
		HPHE 1620 Net/Wall Games (Sp)		3
		HPHE 1630 Target/Striking/Fielding Games (F)		3
		HPHE 1640 Skills & Instruction of Early Elem. & Rhythmic Movements (Sp)		3
		HPHE 1650 Fitness Activities (F)		3
		HPHE 2480 Aquatics (Sp)		2
	Take One	OR PEGN 3500 Lifeguard Training		
REQUIRED PEDAGOGICAL SEQUENCE for certification in Michigan: 17 HRS				
2.5 Overall required in pedagogical sequence				
	BIOS 1120	◆ HPHE 2400 Motor Development/Learning		3
	HPHE 1500	◆ HPHE 2430 PE Methods: Early Elem (Sp)		3
Must Be Accepted to Upper Level (35 Hours completed; BSE passed; Background Check completed; 2.5 GPA; Application to CEHD and HPHE)				
	HPHE 1500	◆ HPHE 3460 PE & HE Methods: Special Pops (F)		3
	HPHE 1500; 2400; 2950; 2980; 3150; 3460; F/Sp	◆ HPHE 4470 PE & HE Methods: Elementary Methods (Sp)		4
	HPHE 4470; F/Sp	◆ HPHE 4480 PE & HE Methods: Secondary Methods (F)		4
		◆ LS 3050 K-12 Content Literacy		3
Prof 2		◆ ES 3950 School and Society		3
	All major, minor, and gen ed coursework completed; Take concurrently	◆ HPHE 4100 HPHE Intern TE Seminar		2
		◆ HPHE 4750 HPHE Intern Teaching		10

◆ Must receive grade "C" or better