

April 2008

TRiO Receives International Visitors

Western Michigan University received a visit by five Japanese educators and administrators to learn more about its undergraduate mentoring services. Western was only one of their many stops as they traveled from Kanto Gakuin University in Yokohama, Japan to the U.S.

The delegation, hosted by TRiO, met with Charlotte who guided them around Western as they learned more about mentoring and how to make a successful mentoring program. They attended a few of the TRiO classes and learned about the variety of mentoring activities that encompass a Student Success Program, including helping with the hardships of being a student and offering career and personal advice.

Check Your E-mail

Just a reminder to check your email over the summer. Western will be sending your financial aid information to your Western e-mail account. So, while you're logging on to Facebook, take a quick detour and see what's up in your Western e-mail.

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Special points of interest:

- Calendar
 - Relay For Life
 - Finals Study Tips
 - Registration
-

Schedule of Events

- April 4th - Etiquette Dinner, Bernhard Center
- April 11th - **Relay for Life**, Kanley Track
- April 14th - Education Career Fair, 9am– 4pm, Bernhard Center
- April 18th - Kalamazoo Symphony Orchestra
- April 21-25th - **EXAM WEEK**
- April 18th - Year-End Celebration, 11:30am-3:00pm
Trimpe Multicultural Center
- April 26th - Graduation, Miller Auditorium
- May 5th - Summer Classes begin

RELAY FOR LIFE!!!



Join the TRIO SSP Relay for Life team—the **Trio Gold DiggARRRs**—now! Help us celebrate the lives of those who have battled cancer, remember loved ones lost and fight back against a disease that takes too much. As a member of the team you can help us raise funds by reaching out to as many people as possible and/or attending the Relay for Life event on April 11. Help us make our \$1000 team goal a reality!

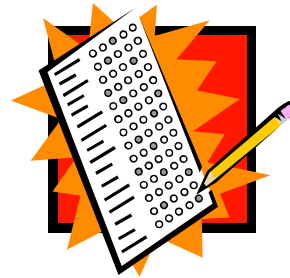
FINALS ARE ALMOST HERE!!!

With finals coming up soon, you should be thinking about how you are going to be studying for them.

DON'T WAIT UNTIL THE LAST MINUTE!!

Here are some good tips to try out:

- Turn topics into songs.
- Have someone quiz you.
- Get enough sleep!
- Eat right (this includes a healthy breakfast for those early exams)!
- Get rid of any distractions. Go to the library or to another quiet place.
- Make a schedule of how much time you can spend on each topic. Stick to it.
- Focus on the topic you are studying and don't think of other finals until you get to them or you will get overwhelmed!
- Take breaks in between.
- DON'T CRAM – statistics prove it does more harm than good.



Summer Classes - Good or Bad?

Summer classes aren't exactly fun; They work you double time and you have homework to do when you'd rather be at the beach. Yet, there is an upside. They work you double time so classes are very short (8 weeks), and at the end of the day you CAN do your homework at the beach. Summer classes also offer a chance to catch up academically. If you need a prerequisite for a class that is only offered in fall, you can take that class in the summer.

I changed my major and I'm a semester behind. Summer classes help me to get back on track to graduate on time.

-Roxie Morris

Are you registered for Fall?

Summer is almost here and with all the fun you'll be having you may forget to sign up for classes for fall. The easy answer is to sign up now. Don't put off 'til fall what you can do right now!



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The Mission of WMU's TRIO Student Success Program (SSP) is to provide a diverse, caring, supportive student-centered learning community where students can discover and utilize their unique individual potentials to flourish academically, personally, and socially as they complete their WMU bachelor's degree.

The celebration of life never ends! Unofficial April holidays!

1st—April Fool's Day

3rd—Find A Rainbow Day (it'll probably be raining)

6th—National Student Athlete Day (if this is you, celebrate!)

7th—No Housework Day (put down that vacuum, leave those dishes 'til tomorrow)

13th—National Peach Cobbler Day

20th—Pineapple Upside Down Cake Day

22nd—Earth Day Observed (The real Earth Day is March 21st and coincides with the spring equinox, but we like to make arbitrary choices)

24th—Take Your Son or Daughter To Work Day

25th—Arbor Day, Day of Silence, and Zucchini Bread Day (Something for everyone)

26th—Pretzel Day

29th—Zipper Day (Why not? They're the foremost fasteners.)
