Jewel Heart Presents

TIBETAN BUDDHISM FOR MODERN LIFE

How can we apply this ancient wisdom to our lives today

Supa Gregory Corner has been practicing and teaching Buddhism and meditation since 1979. He lived in a Zen community for 7 years under the direction of Ven. Samu Sunim and was ordained in the Chogye order of Korean Son (Zen) Buddhism. He studied Tibetan Buddhism with the late Kyabje Gelek Rimpoche since 1987 and is currently a senior teacher and community chaplain at the Jewel Heart Tibetan Buddhist center in Ann Arbor, Michigan.

Tuesday, May 9, 2017
7pm-8:30pm
People’s Church, Room 19
1758 N. Tenth St.
Kalamazoo, MI 49009

Call 734-994-3387 or 734-368-8701 for more information
www.jewelheart.org

Upcoming:
Gelek Rimpoche’s ‘The Art of Living’

A 6 week course based on the book, ‘Good Life, Good Death’

Identify and put into practice the qualities of a good life and how to apply different forms of meditation in order to transform negative emotions and states of mind into the causes for lasting happiness

Tuesday evenings 7-8:30 pm, May 16 through June 20
Room L1
$45.00 includes a copy of the book