# Health Education Major: School Emphasis (Teaching)

**Western Michigan University**  
**College of Education and Human Development**

**80-81 Total Credits** *(Teachable Minor Required; 122 Credit Hours Needed for Graduation)*

**Requires “C” or better**

Semesters indicated are tentative and subject to departmental change

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**GEN ED | PRE-REQUISITES | COURSES | TRAN/SUB/GRADE | CR HR**

**REQUIRED COGNATES: 20-21 HRS**

| Can take BIOS 1100 Lab with BIOS 1120 to fulfill Area VI | BIOS 1120 Principles of Biology  
*OR* BIOS 1600 Biological Form and Function  
*OR* BIOS 1610 (1500) Molecular and Cellular Biology | | 3  
| BIOS 1120 or 1600 or 1610 (1500) w/“C” or better | BIOS 2110 Human Anatomy | 4  
| BIOS 1120 or 1610 (1500) w/“C” or better; BIOS 2110 recommended | BIOS 2400 Human Physiology | 4  
| **ED 2500** Human Development | | 3  
| **Area V** | **SOC 2000** Principles of Sociology | 3  
| **Area V** | **PSY 1000** General Psychology | 3  

**REQUIRED COURSES: 35 HOURS**

Courses Cannot Count For Both Major & Minor

| **HPHE 1550** Foundations of Health Ed (Sp) | 3  
| **HPHE 2200** Basic Health Concepts I (Sp) | 3  
| **HPHE 2210** Basic Health Concepts II (Sp) | 3  
| **HPHE 2220** Basic Health Concepts III (F) | 3  
| **HPHE 1550, 2200, 2210, 2220; all required cognates must be completed** | **HPHE 3120** Plan School Health Prog (Sp) | 3  
| **HPHE 1550, 2200, 2210, 2220** | **HPHE 3160** issues in Health Ed (Sp) | 2  
| **HPHE 3500** Mod of Health Behavior | 2  
| **ED 2500; (email advisor for override)** | **HPHE 3520** Teaching Health in Elem School (F) | 2  
| **HPHE 3120** | **HPHE 3540** Human Sexuality Education (F) | 3  
| **Cannot sub HPER 1810 or other CPR certification** | **HPHE 3810** Instructor First Aid | 2  
| **HPHE 3120** | **HPHE 4120** Teach Skills/Strategies (F) | 3  
| **HPHE 3120 and 3500 w/“C” or better** | **HPHE 4140** Measurement/Evaluation | 3  
| **Prof 2** | **HPHE 4500** Cultural Dynamics of HPER | 3  

**ELECTIVE COURSES: 4 HOURS**

Courses Cannot Count For Both Major & Minor

| ***CHEM 1120/1130 or 1510/1520; BIOS 2400(w/“C” or better) for FCS 2600 only** | **FCS 2600** Nutrition or  
**FCS 2660** Personal Nutrition | 3  
| Department approval | **HPHE 3000** Seminar Series | 1-3  
| **HPHE 1550, 2020, 2210, 2220** | Choose course not used above  
**HPHE 3160** Issues in Health Ed | 2  
| **56+ hrs** | **HPHE 5160** Issues in Health Ed | 1-4  
| **SOC 2000** | **SOC 4120** Child Abuse | 3  

To take following must be accepted into Upper Professional Level In CoEHD: 21 Hours

(MTTC Professional Readiness Exam Passed, 2.5 GPA, Background Check Completed, 35 Hours Completed, & Applications Submitted to CoEHD and HPHE)

| **ED 2500** | **LS 3050** K-12 Content Literacy | 3  
| **70+ hours** | **ES 3950** School and Society | 3  
| ****SPED 4290** Learners w/ Disabilities | **HPHE 4100** Seminar and  
**HPHE 4750** Internship | 2  
| All coursework must be completed | 10 CR/NC  

**Requires “C” or better**

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**UNOFFICIAL PROGRAM GUIDE—MEET WITH A COEHD ADVISOR TO DECLARE MAJOR**

**www.wmich.edu/education/advising**