# Permaculture in Higher Education

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Western Michigan University Office for
Sustainability

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#### What is Permaculture

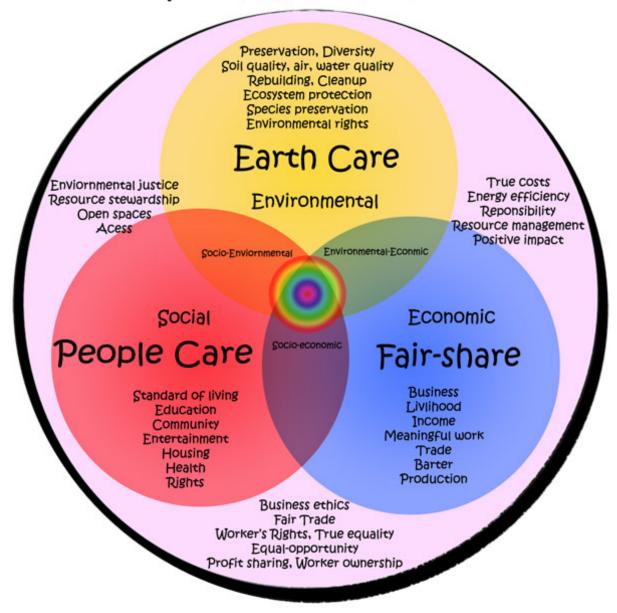
Permaculture is an **ecological design science** drawing inspiration from natural ecosystems and permanent cultures from around the world.

The term permaculture originated in Australia in 1978 – originally a combination of the words permanent & agriculture. It has since been expanded to mean permanent-culture and includes all aspects of what makes a human culture successful, from where we obtain food, fuel, fiber, medicine, energy, water, building materials and even expands into the connection between people and how we organize our social interactions and rely on one another.

#### Permanent Culture

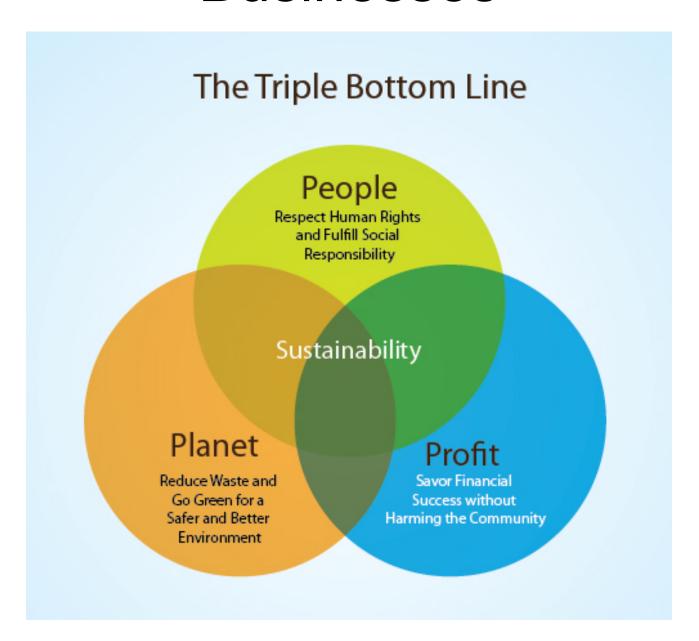
- •Permaculture = permanent-culture
- •Bill Mollison wrote "Permaculture One" in 1978
- •Everything that makes up a culture
  - -Food, fuel, fiber, medicine, energy, buildings, water, people, nature, livestock
- Optimize rather than maximize
- •Relationships between elements
- Observe before interacting
- Slow and steady
- •Value the margin

#### Permaculture



Sustainability, when we arrive at the center where ethics inform actions in each of three spheres so that a decision in one considers and enhances the others.

# Triple Bottom Line of Sustainable Businesses



#### Creatively Use & Respond to Change (envision possibilities and intervene in effective ways)

Use Edges; Value the Marginal (important things happen at the intersections)





Observe and Interact
(pay attention)

Use & Value Diversity (diversity leads to greater resilience)



Care for the Earth



Catch and Store Energy (harvest while it's abundant)

Use Small, Slow Solutions (local resources & responses, manageable scale)







Obtain a Yield (make sure you're getting valuable results)

Integrate (capitalize on how things work together)





Care for People



Self-Regulate; Accept Feedback (be open to modify dysfunctional behaviours)

Design from Pattern to Detail (observe natural/social patterns and apply them to design)



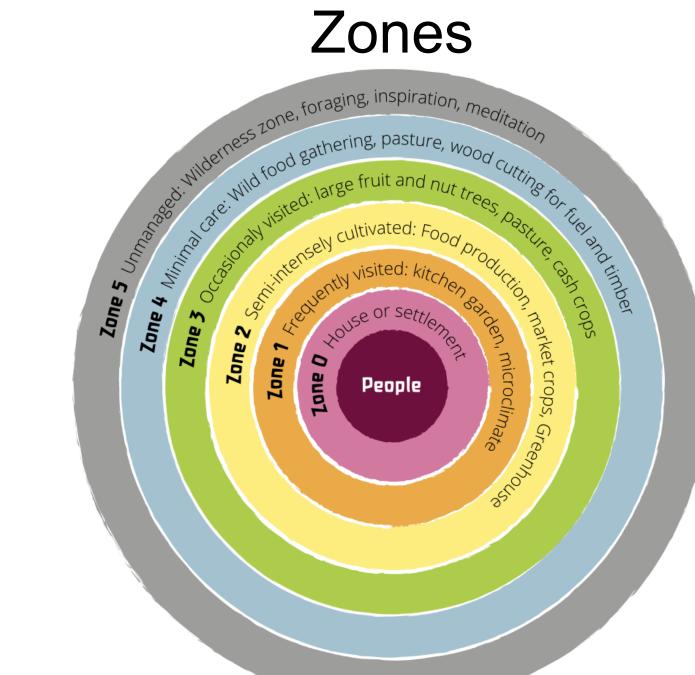




Use & Value Renewables (reduce dependency on scarce resources)

Produce No Waste

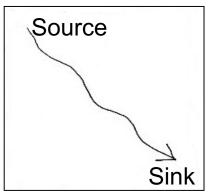
#### Zones

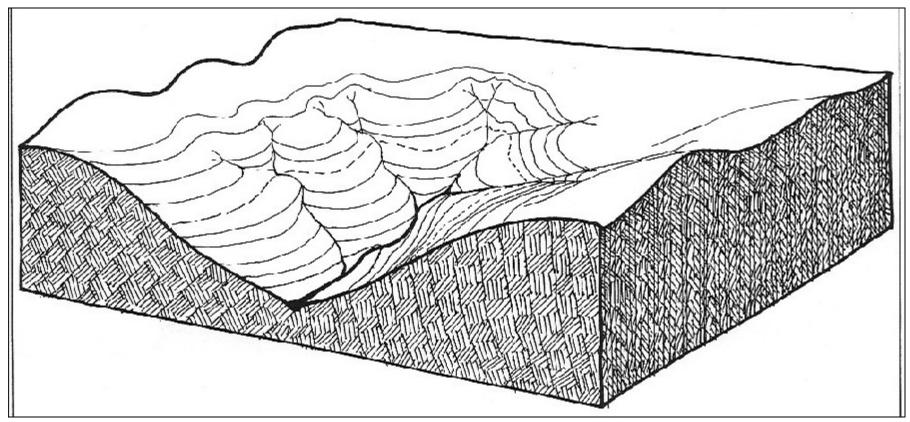


#### Non-sustainable Water Use

#### Current Water Culture:

Channel water off landscape as quickly as possible Move polluted water away from area Disregard communities downstream

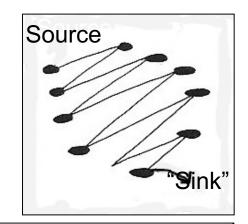


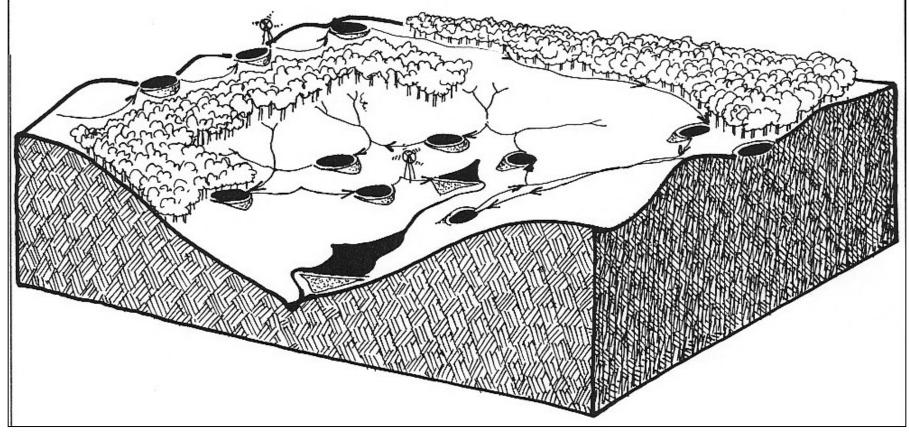


#### Sustainable Water Use

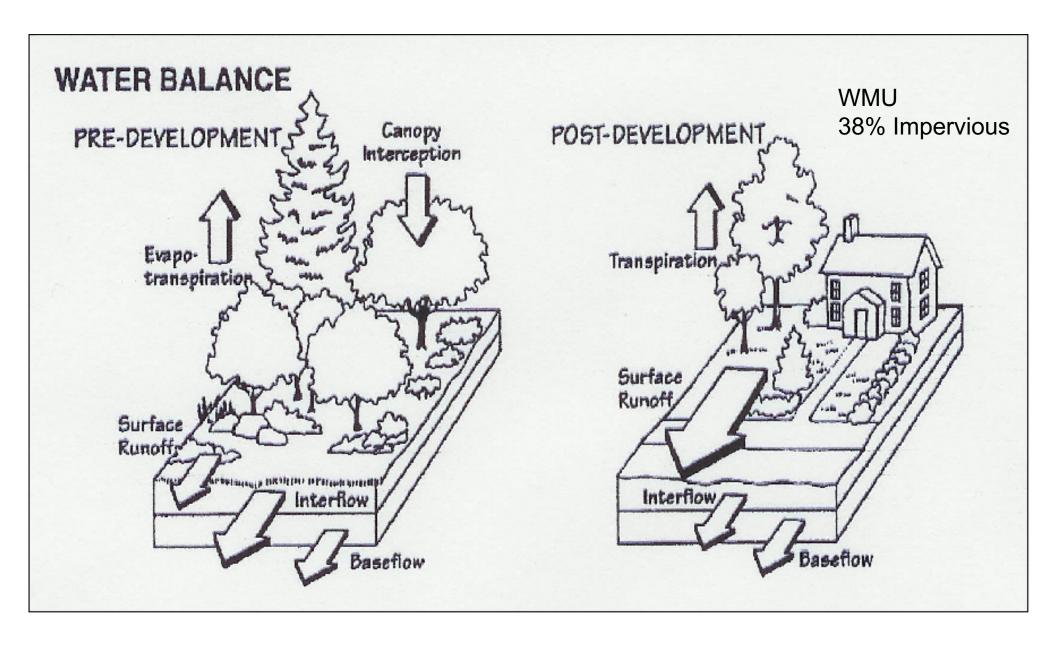
#### A New Water Culture:

Landscape to collect and store precipitation
Minimize water pollution
Maximize Efficiency
Eliminate Waste
Maintain social and ecological integrity of the community

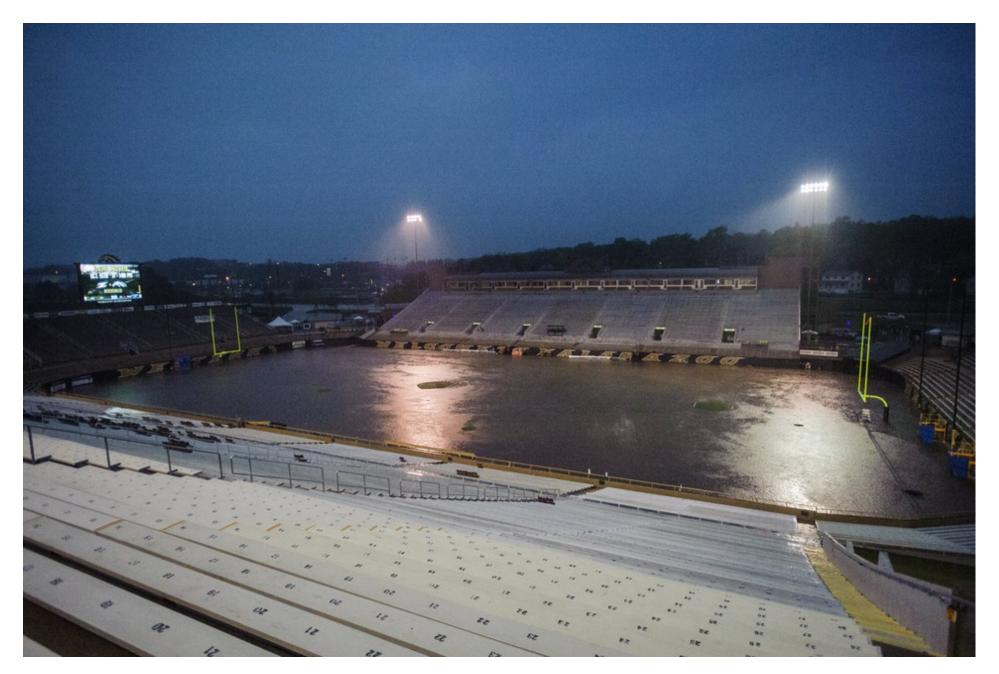




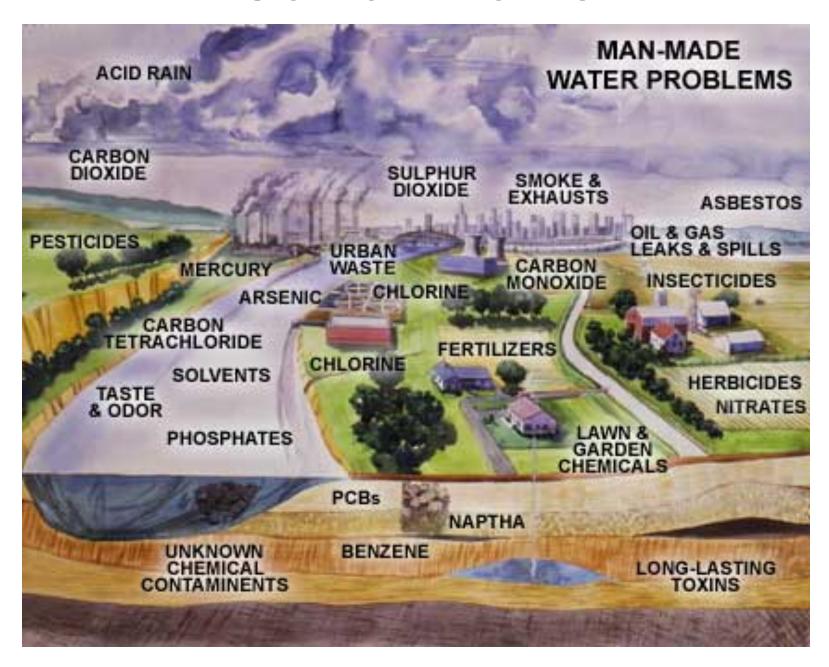
#### Changes in Our Water Budget



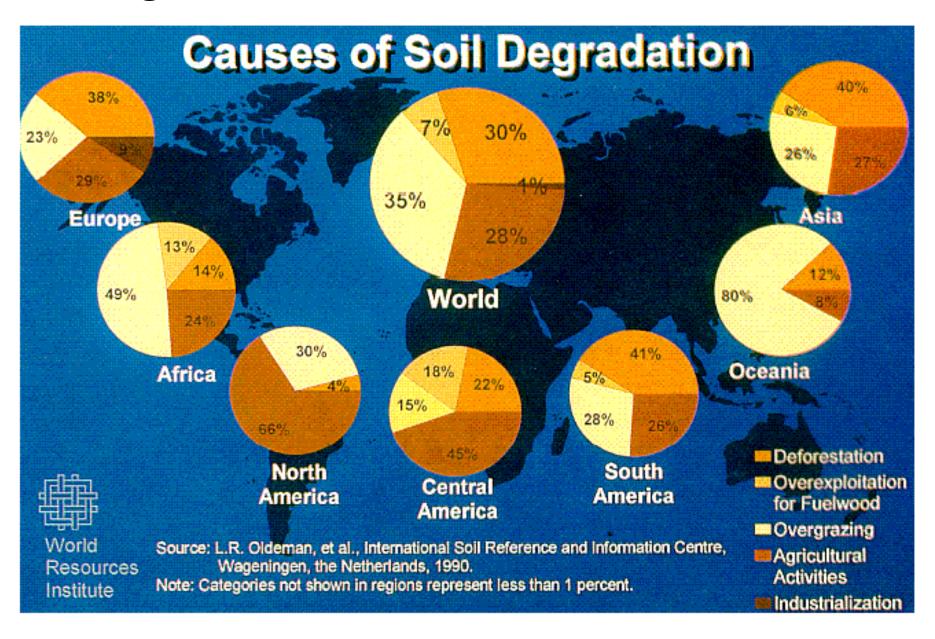
### Problems?



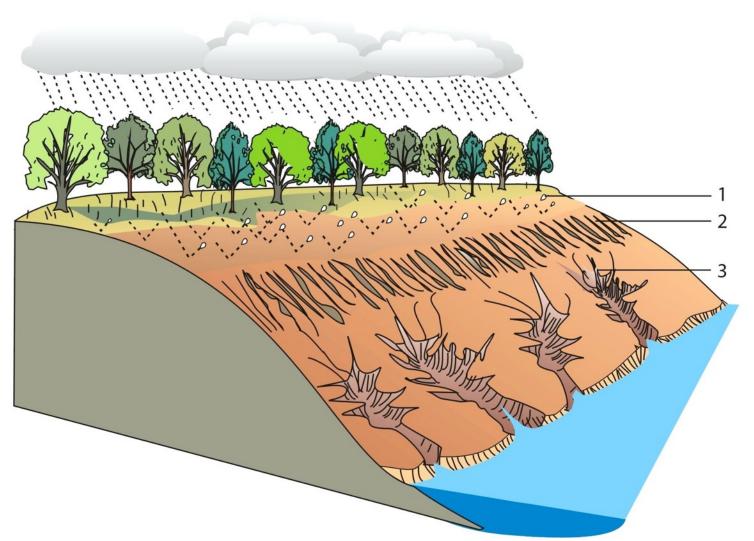
#### Contaminants



#### Organic Material and Soil Loss



#### Mechanical Loss



#### 1. Sheet erosion

Raindrops that hit the ground can loosen soil. These loose grains are easily washed away. Sheet erosion removes the loose grains. It may go unnoticed until most of the productive **topsoil** has been lost. The field is gradually eroded in a more or less uniform way.

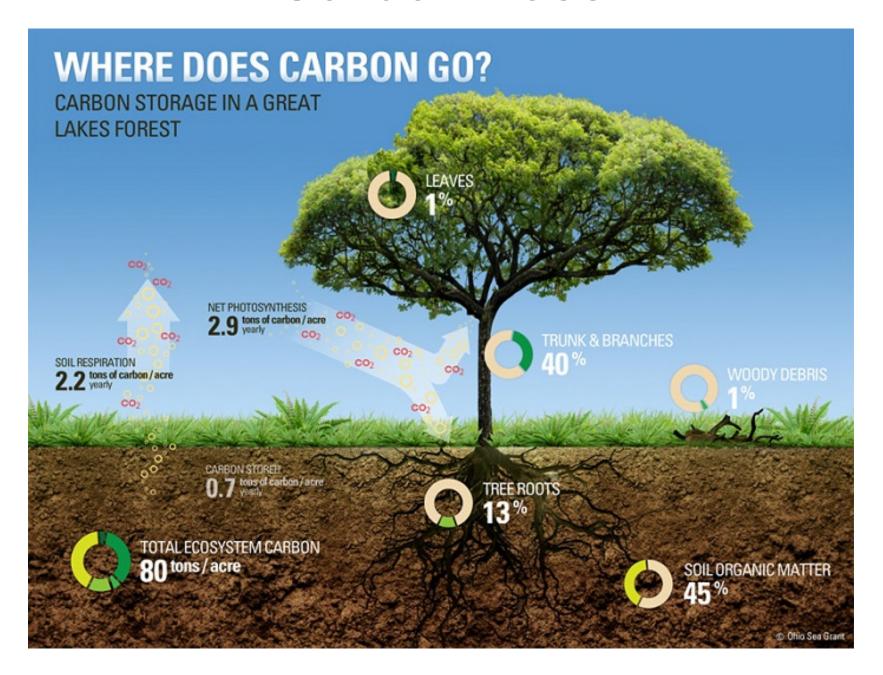
#### 2. Rill erosion (channel)

Water collects in small channels called rills. Each rill is like a mini-river. The rills carry soil down a slope. Rills can grow into gullies.

#### 3. Gully erosion (dongas)

A gully is a deep trench with steep sides. In South Africa, a gully is called a donga. Dongas appear as deep scars on a slope. In some dongas all the soil and some of the loose bedrock have been washed away. Dongas usually occur near the bottom of slopes.

#### Carbon Loss



#### **Food Forest**

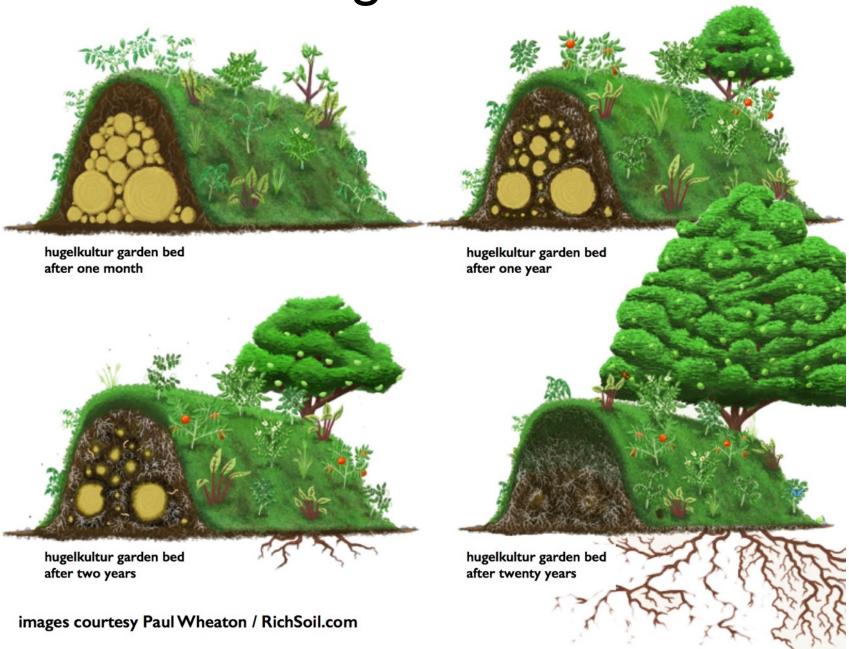
#### **9 LAYERS IN A FOREST GARDEN** SMALL TREES **ROOTS/TUBERS CANOPY/TALL TREES** 10-30' HEIGHT **BELOW SOIL SURFACE** 50-100+ FT. HEIGHT Sunchokes, Groundnuts, Plum, Apple, Apricot, Potatoes, Scorzonera, Licorice, Pear, Quince, Pawpaw, HEIGHT Horseradish, Salsify, etc. Hawthorn, Medlar, Most Oaks, Hickory, Pecan, Black Walnut, Chinquapin Chestnut, American Persimmon, American Chestnut, **FUNGI** Jujube, Some Juneberries, Mountain Ash, Asian Hackberry, Most Locusts, etc. UNDERGROUND, Persimmon, etc. OR ON MUSHROOM Small yards may not have the room for some LOGS IN SHADE **SHRUBS** of these larger species, or you could prune 4-15' HEIGHT VINES for height control. Taller species should be Currants, Most Hazelnuts, **CLIMBING PLANTS** Viburnums, Seaberry, Aronia, placed toward the North, shorter to South, Groundnuts, Hops, 50' Gooseberry, Rose, Elderberry, Grapes, Hardy Kiwi, for optimal partitioning of sunlight. Some Juneberries, Eleagnus, Mountain Yam, Bush Cherries, Quince, etc. **MEDIUM-**Schisandra, Squash, Maypop, Melons, TALL TREES **FORBS/HERBS** Pole Beans, etc. **30-50' HEIGHT** 1-6' HEIGHT NITROGEN-Asparagus, Perennial Greens, Euro/Asian Chestnut, FIXERS Brambles, Nettles, Mints, **English Walnut, Wild** Indigos, Most Grasses, Pear, Sassafrass, CAN GROW IN ANY Daylilies, Rhubarb, etc. LAYER-IMPORTANT Heartnut 20' TO OVERALL SYSTEM GROUNDCOVERS Locust Trees, Kentucky **SMALL** 1' OR LESS HEIGHT Coffeetree, Alders, **TREES** Autumnberry, Seaberry, Strawberries, Violets, Clover, **UNDER-**12' Buffaloberry, Indigo, Mints, Thymes, etc. **STORY** Leadplant, Licorice, TREES Clovers, Peas, Beans, GROUNDCOVER SHRUB GROUNDCOVER Groundnut, Acacia, etc.

FUNGI

TUBERS

NORTH

Hugelkultur





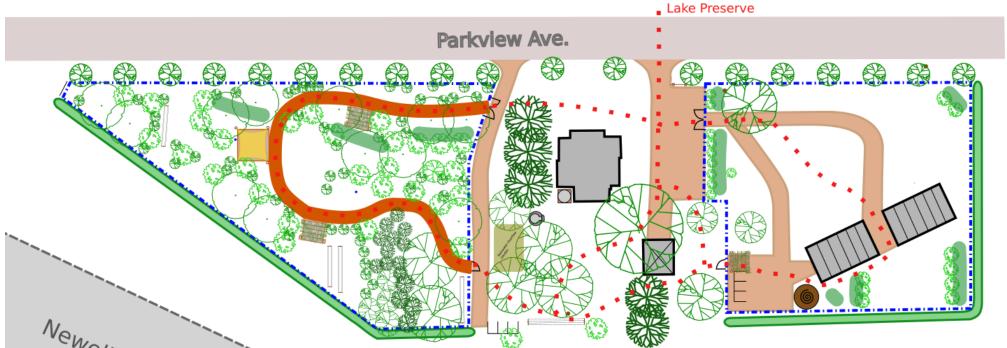
# Western Michigan University Gibbs House

**Property Master Plan** 

#### Prepared for the Office for Sustainability By:

Cedar Creek Permaculture Design Joshkhan2001@gmail.com 269.331.0461

From Asylum



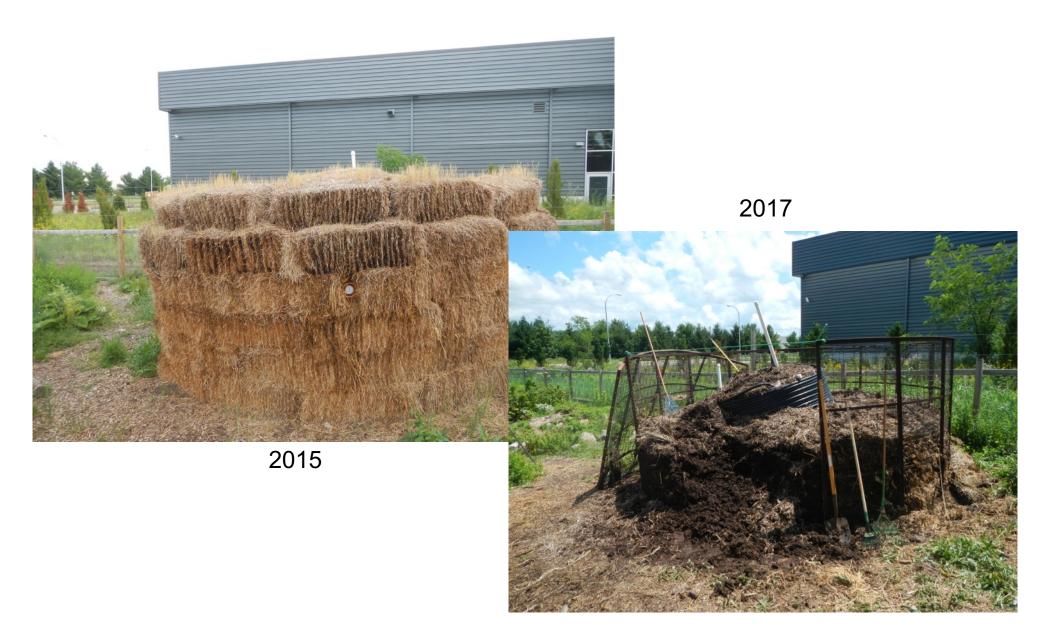
## Gibbs Hugelkultur 2014 & 2017



#### Gibbs Rainwater Cistern



# Gibbs Compost Hot Water Heater



# Gibbs Vermicomposting



# Black Soldier Fly Larvae



#### Gibbs Food Forest



#### Gibbs Food Forest



# Vegetable Garden





#### **CEAS Zone OVerview**



# Prescribed Burn at Asylum Lake Preserve





#### Lawnscaping

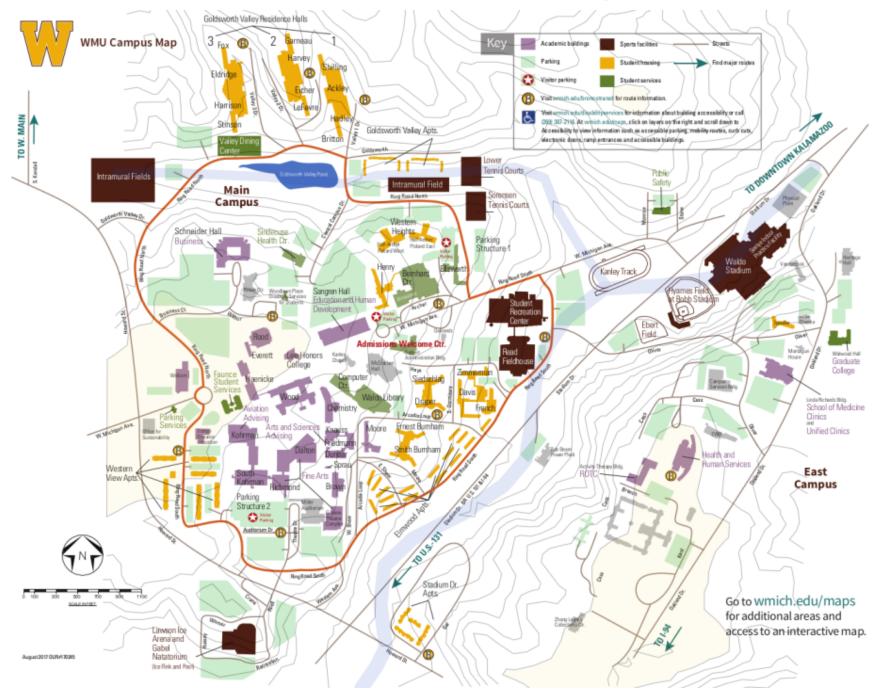
#### **Turf Management**

Managing the turf on East and CEAS campuses requires keen observation as the team follows natures lead. Soil testing along with low impact practices such as aeration and topdressing using compost helps to return the soil back to a biologically active state.

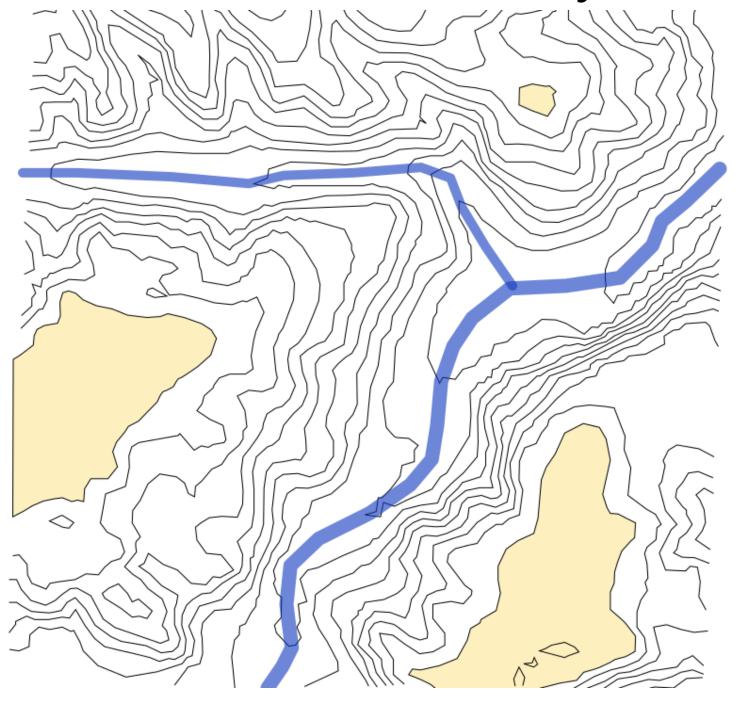


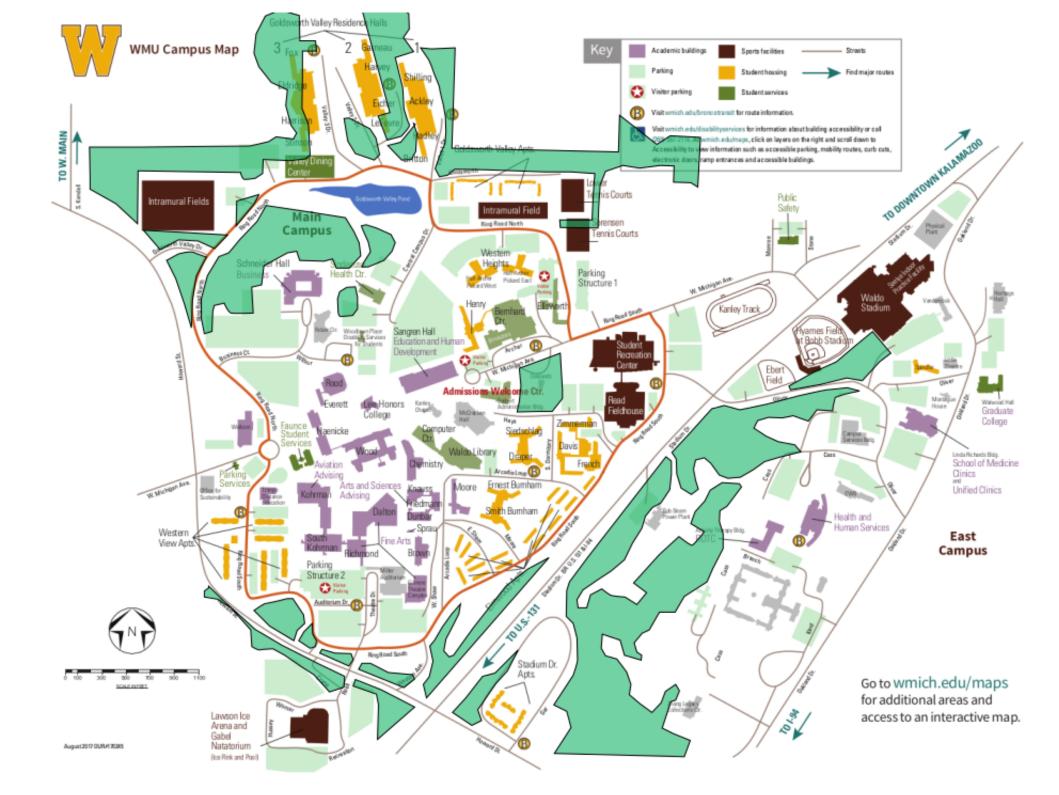


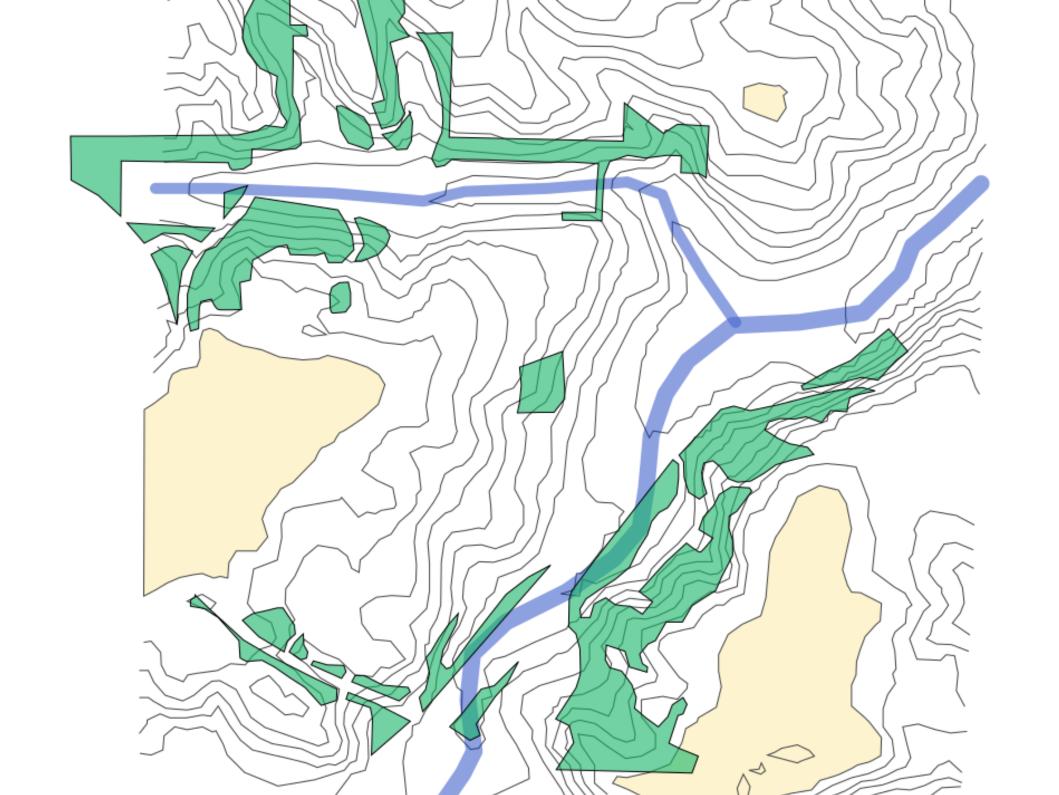
## WMU Main Campus



# WMU Hills and Valleys







#### WMU Campus Storm Water

1. Sangran Hall

Underground Detention

Porous Pavement

Green Roof

Solar PV Array

2. Chemistry Building

Surface Detention

3. S. Kohrman Hall

Underground Detention

4. Western Heights

<sup>1</sup>Underground Detention

5. Goldworth Valley Dining

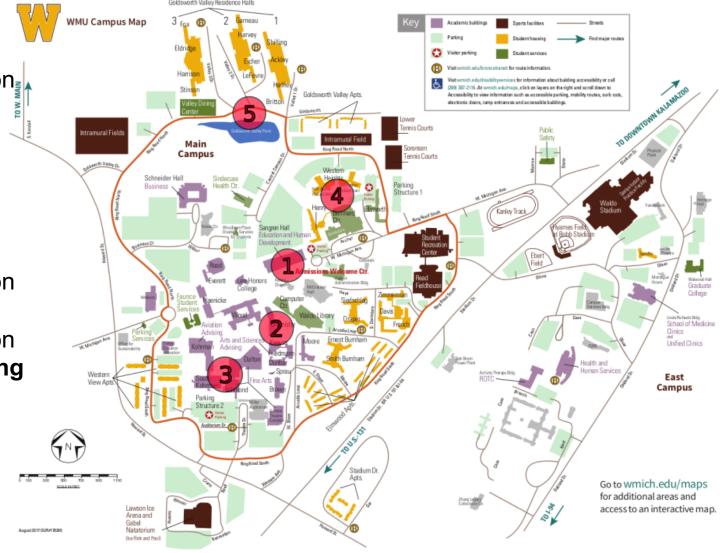
**Facility and** 

**Detention Pond** 

Underground Storm

Rain Gardens

Surface Detention



## **Native Planting**

"Native Plantings aid in the restoration of the ecological systems on East campus" May 31, 2018

**Inventory: 45 Flats** 

- Columbine
- C. Cristata
- C. Lanceolata
- "Family Jewels" Milkweed
- Eupatorium Maculatum
- Tradescantia Pallida "Spiderwort"
- Asceplias Syriaca
- Cassia herbacarpa
- Smooth Penstemon
- Eupatorium
- Whorled Milkweed
- Veronica "Stricta"
- Elymus hystrix
- Helianthus
- Smooth Aster

- Rosin Weed
- · Butterfly Weed
- · Elymus "Canadian Wild Rye"
- Iron Weed
- Cup Plant

\*Seeds were harvested from WMU prairies and landscapes. Plants were grown on at the WMU Finch greenhouse.





## Heritage Hall No-Mow/Reforestation/Natives

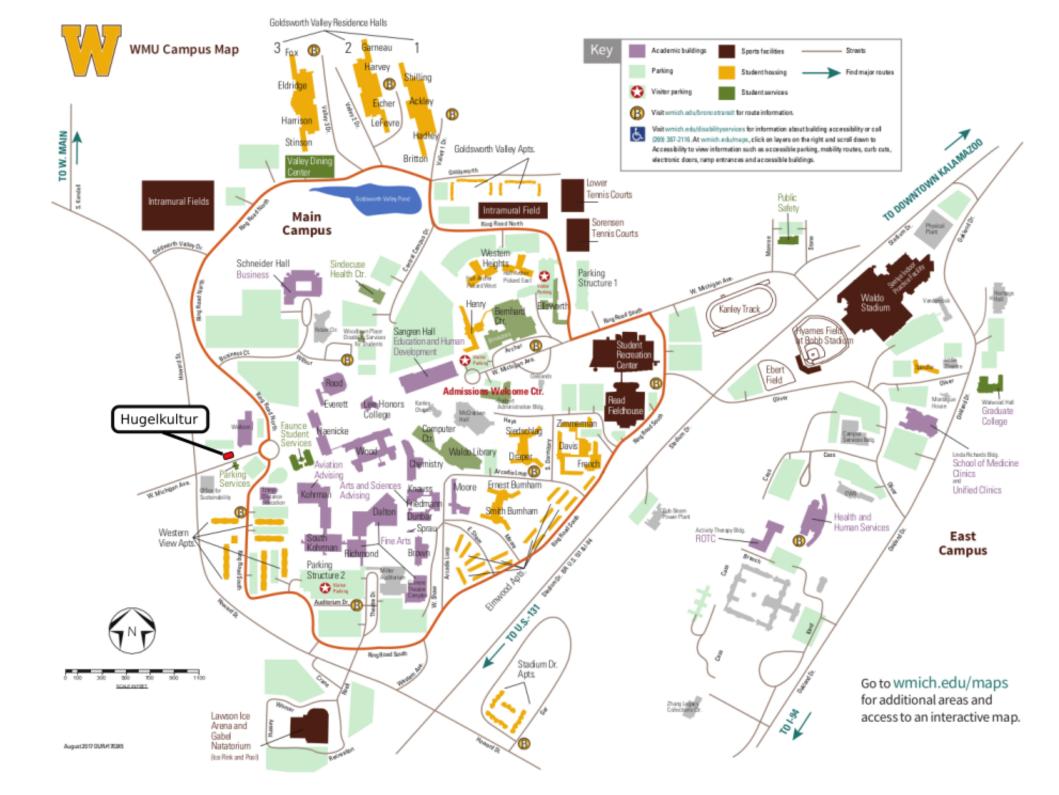


## Little Theater No-Mow/Natives



## WMU Hugelkultur





## **CHHS Forest Garden**

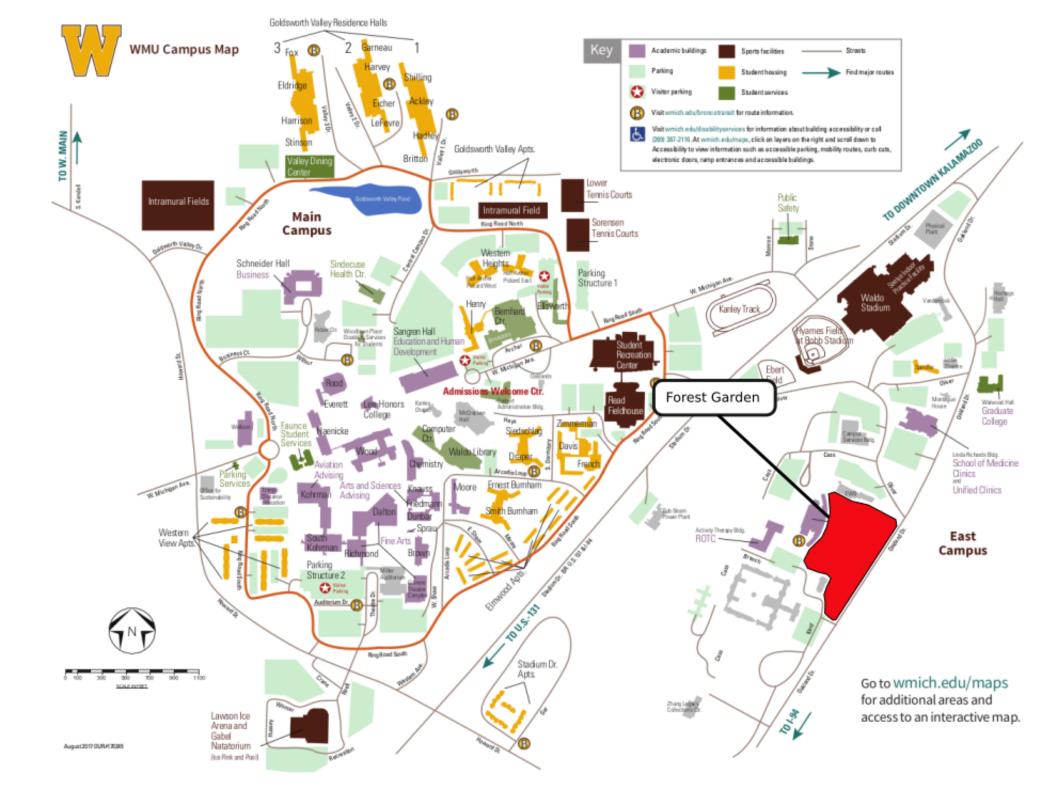


Located within the beautiful grounds of CHHS, the Forest Garden provides a multitude of educational and passive recreation opportunities. Elderberries, Paw Paw, and Serviceberry are the beginnings of a dynamic forest garden that will provide food/medicine/habitat/ and many other ecological services.

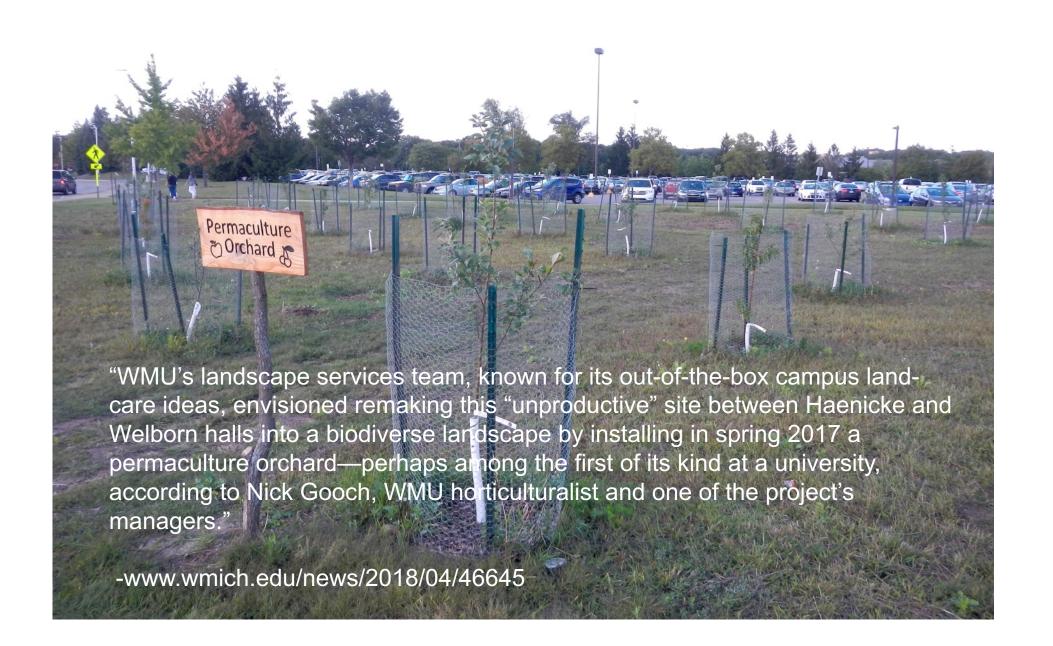


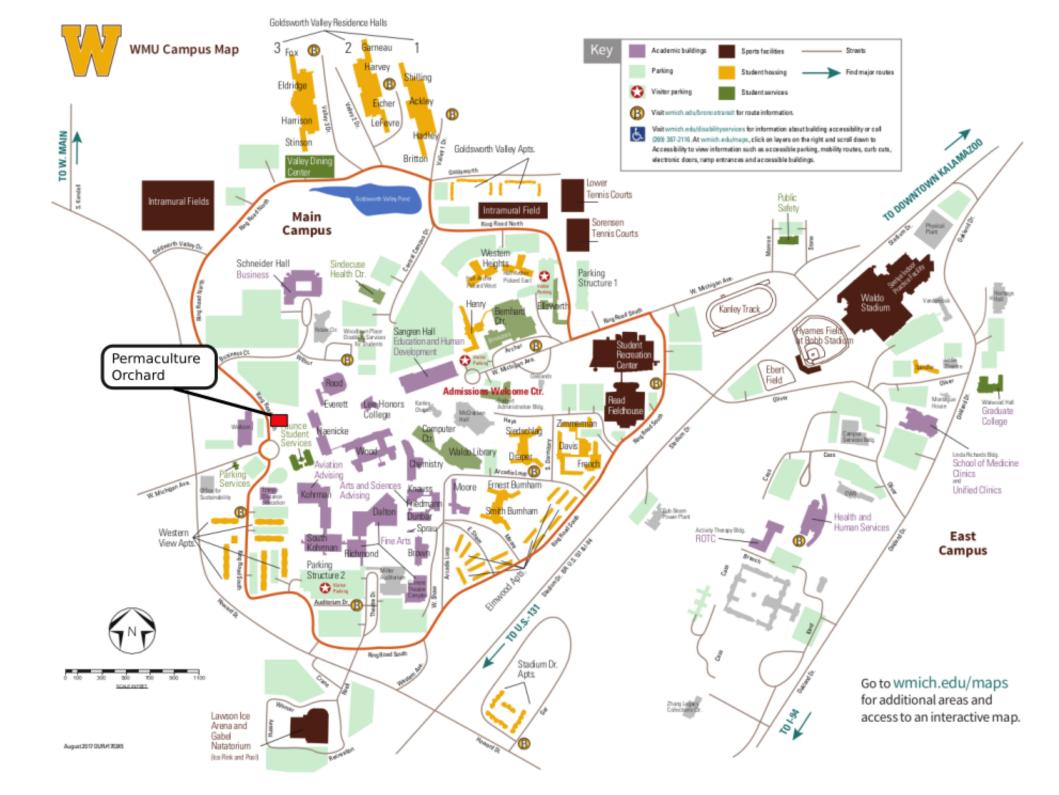
## **CHHS Forest Garden**





## Permaculture Orchard





## **WMU Goats**

This pilot project began with Nick Gooch, WMU horticulturist, who proposed bringing goats to campus to test their viability for helping to control invasive plant species infesting campus woodlots, particularly buckthorn, honeysuckle, oriental bittersweet and poison ivy.



-https://www.wmich.edu/news/2017/06/40334

# The Island School and Cape Eleuthera Institute



## Tilapia Aquaponics



## Black Water Waste Garden



## University of Massachusetts

#### **Facts and benefits of Umass Permaculture**

- Converted a 12,000 s.f. grass lawn to permaculture garden Moved over 500,000 pounds of organic matter by hand, using 250 volunteers
- Hands-on education for campus and local community Involved Big Brothers Big Sisters organization, numerous schools and summer campus
- Producing food for Umass Dining Services
- Featured in dozens of print, TV, radio, online publications
- Receiving international media attention
- Nominated for a Real Food Challenge Award



University of Massachusetts Amherst Franklin Permaculture Garden

## Franklin Garden



Want cool housemates? 9 month lease

We might want you, too!

9 month lease 9.1.13 - 5.31.14

Amherst. House! Permaculture.



1 bedroom avail.. 3 already full @ \$450 + utils

APPLY IF YOU'RE ALL ABOUT:

#### MORE GREATNESS

\*Swimming hole next door \*Bike trail, bus stop, and walking trails all nearby

- \* Growing your own food
- \* Cooking / eating good food with cool folks
- \* Living cooperatively
- \* Working to live, rather than living to work!

# University of Michigan Permaculture Garden

#### Zone 1-North

#### Raised Keyhole Gardens:

A keyhole garden is a circular garden with a small central path that allows the gardener access to every inch of growing space without walking on the soil or trampling smaller plants. They are useful ways to illustrate the permaculture principles of "Using Edges" and "Obtaining a Yield". A raised keyhole garden can be made simply using mulch materials and landscaping stones as a retaining wall. Raised beds offer their own advantages as well, such as making gardening more accessible to older gardeners that might not want to bend over for hours each day.

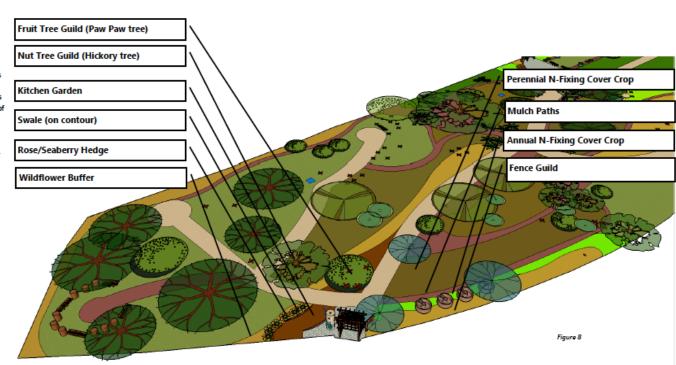
Keyhole beds often include a compost pile in the center which can be easily watered from the center path. This design adds "make no waste" and "integrate rather than segregate" to the list of permaculture principles illustrated.

# Entrance Pergola Maypop—Passiflora incarnata Hardy Kiwi—Actinidia arguta Flower Tower Nasturiums—Tropaeolum spp. Beans—Phaseolus vulgaris Raised Keyhole Gardens Signage

#### E:-----

#### Flower Tower

A flower tower is simply a 6' column of chicken wire, lined with burlap, with a 6.5' PVC pipe running through the center. This column is filled with soil and holes are cut into the wire/burlap so that flowers can be planted within. This creates additional growing space and provides a trellis for climbing plants. The visual aesthetic of seeing trailing nasturtiums fallings from the upper holes while lower-planted beans climb up is a compelling argument for why interplanting systems are preferable to monocultures. The PVC pipe has holes drilled into it, so that watering the tower is simple process of leaving a hose in the central PVC pipe for a couple minutes each day.



## **UoM Permaculture Food Forest**





Grand Valley
State University
Sustainable
Agriculture
Project (SAP)



## Schools with PDC's - Intensive

#### THE INTENSIVE

Most common way to fit PDC into 1 academic course.

Span from 12 full days to 7 weeks in academia; 15 days over 2-3 weeks is most common Historically how PDCs usually taught

On campus or involves travel/ residential immersion on a farm

#### **Prescott College**

Env. Studies

#### **University of Vermont**

Env. Studies

#### **Indiana University**

Collins Living-Learning Centre

#### **Maharishi University**

Sustainable Living

#### **University of British Columbia**

Land & Food Systems

#### **CU Boulder**

Env. Studies

#### **Paul Smith's College**

Env. Studies

#### St. Michael's College

Env. Studies

#### **Sterling College**

**Applied Sciences** 

https://universitypermaculture.com/pdcs-summary-of-formats/

## Schools with PDC's – One Semester

#### **ONE SEMESTER-BASED COURSE**

Full PDC fit into one course on campus

#### **Oregon State University**

Horticulture

#### **Pacific University**

Art & Env. Studies

#### **UC Santa Cruz**

Kresge College

#### **Cornell University**

Horticulture

#### **Colby-Sawyer College**

Env. Studies

#### **Greenfield Community College**

Science

## Schools with PDC's – Two Semester

#### TWO COURSE SERIES

PDC spread over two semesterlong courses on campus Naropa University

Env. Studies

Santa Barbara City College

Env. Horticulture

**North Carolina State University** 

Horticulture

**University of Vermont** 

Env. Studies

**UMass Amherst** 

Agriculture

## Schools with PDC's - Hybrid

#### **HYBRID**

Often involves a semester-long course plus a 5-7 day intensive course

**University of Victoria** 

Env. Studies

**Plymouth State University** 

Env. Planning

**Appalachian State University** 

Sustainable Development

## Schools with PDC's - Certificate

#### **ACADEMIC CERTIFICATE**

PDC earned through accumulation of several courses

#### **Bastyr University**

Holistic Landscape Design

#### **Merritt College**

Landscape Horticulture

#### **UMass Amherst**

Agriculture

#### **Lorain County Community College**

Sustainable Agriculture

## Schools with PDC's - Distance

#### **DISTANCE COURSE**

Courses taken at a distance, usually online
Often offered via Extension/
Continuing Studies

Goddard College
Oregon State University
UMass Amherst
Prescott College
Cornell University
North Carolina State University
Gaia University (UK)

## Permaculture Ideas for WMU

1Food waste recycling for compost for landscaping and food 1Rainwater cisterns for water management and freshwater security (PFAS, lead, PCB's)

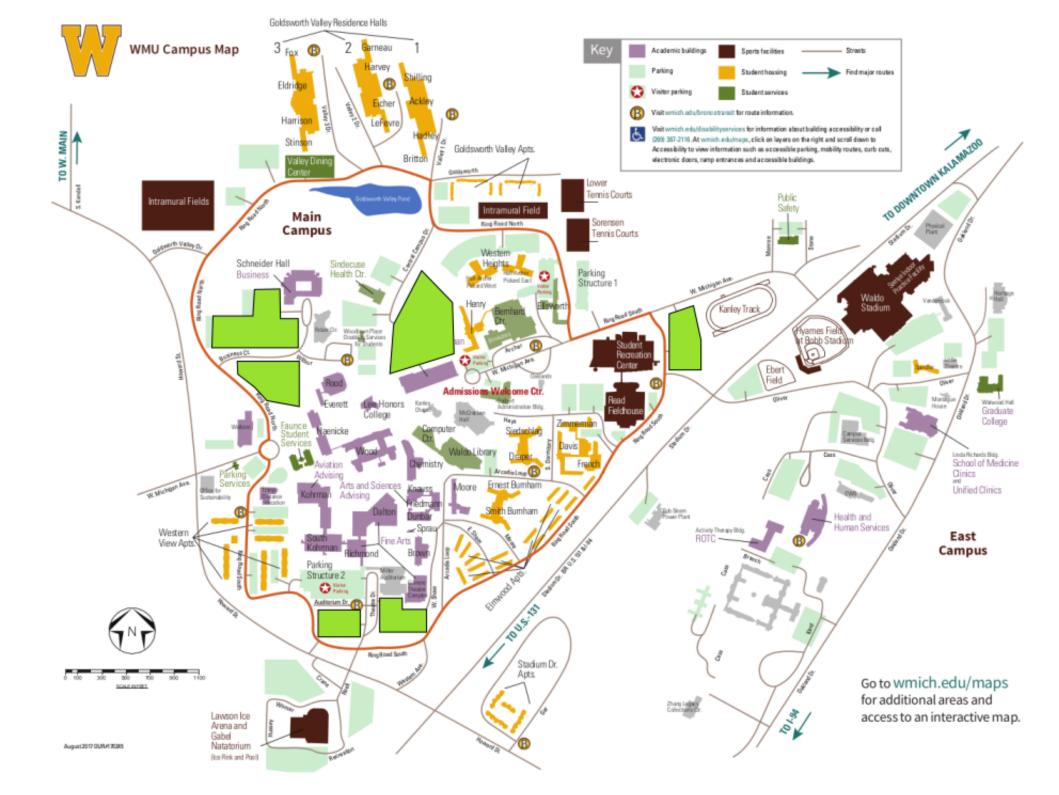
1PDC for Landscape Services and students

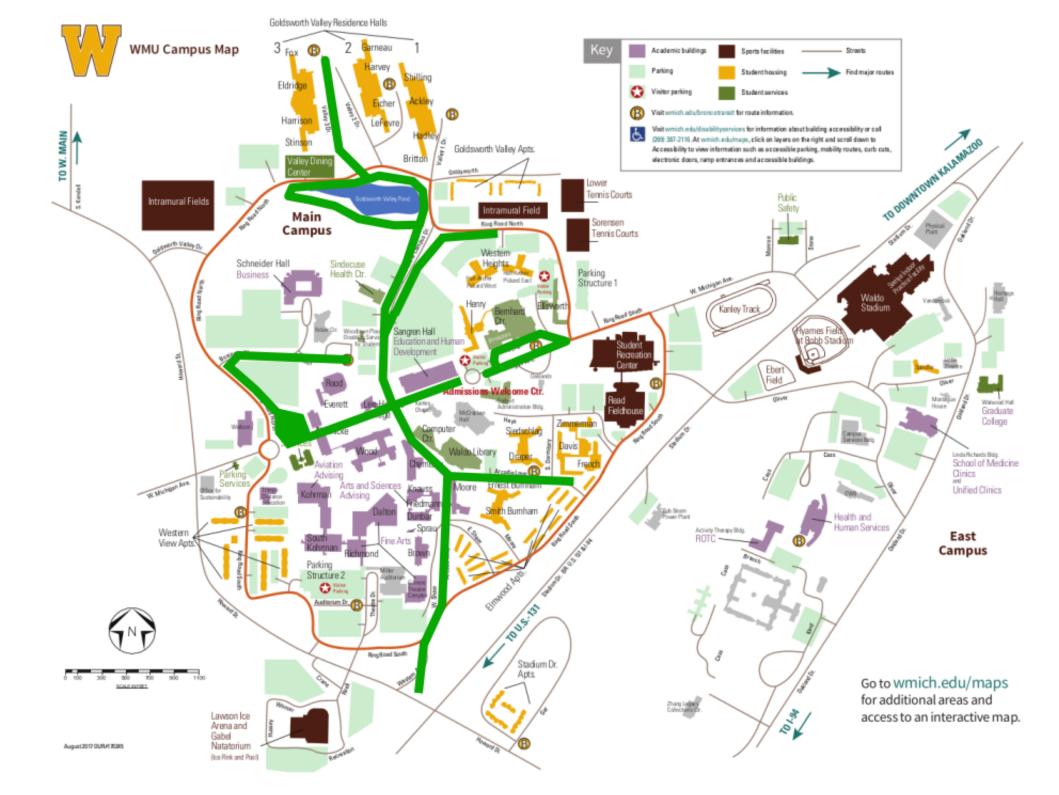
1Edible landscaping near dormitories and main walking paths 1No/low mow landscaping with native flowers and grasses 1Goats and sheep for managing forested areas and sloping landscapes

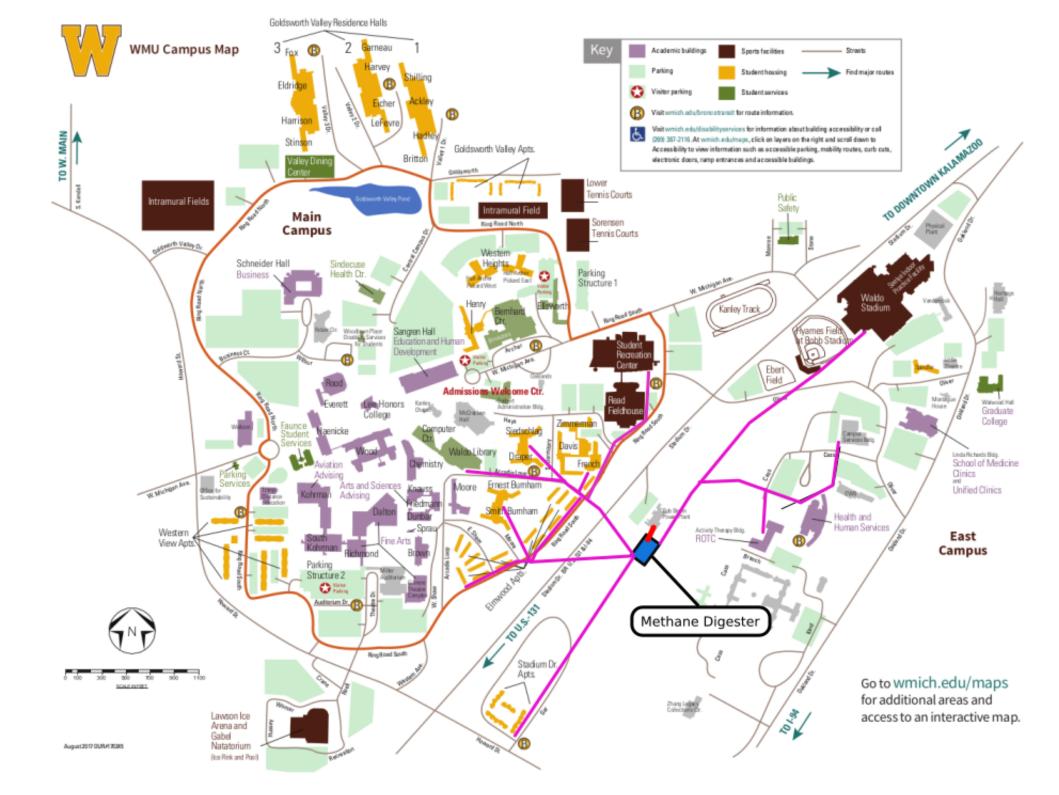
1Gardens for students and staff

1Separation of gray water to biodigester to power plant 1Less energy intensive storm water management (swales, ponds, terraces)

1All slopes over 15 degrees returned to forest (goats) or terraced







Questions?

