



MOTIVATIONAL INTERVIEWING

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Training objectives:

As a result of this workshop, participants will be prepared to:

1. Understand the stages of change and stages of treatment and be able to determine best-fit interventions.
2. Demonstrate and practice OARS skills (Open-ended questions, Affirmations, Reflective listening, Summarizing) through experiential small group exercises.
3. Recognize resistance and practice three strategies to lower resistance

Michigan Social Work CE hours: 3.0 HOURS

This continuing social work education activity is sponsored by Western Michigan University School of Social Work. The School of Social Work is an approved provider with the Michigan Continuing Education Collaborative.

Approved Provider Number: MICEC-0060. For full CE credit, participants will be required to sign in and out, provide their Michigan Social Worker identification number, and complete a course evaluation.

Western Michigan University
College of Health and Human Services
Room 1010, 1240 Oakland Drive,
Kalamazoo, MI

Friday, October 25, 2013
12:45—4:00

Training Fees:

DHS Free

Training \$55

Student Rate \$20

this training is limited to 35 attendees

Group Rate Available

Group rate=3 or more registrants from an organization. Prepayment required.
Deduct 10% from training fee.

**Driving and parking information will be
emailed the week of the training**

This event is free to DHS Employees and private agency child welfare workers as part of the Child Welfare In-service Training initiative. The 2013-2014 Child Welfare In-service Training initiative was made possible through a grant from the Michigan Department of Human Services.

These child welfare training sessions are offered free of Charge for DHS CPS, foster care and adoption workers & DHS contracted private agencies' foster care and adoption workers on a first come, first serve basis.

**SCHEDULE FOR
October 25, 2013**

8:15-8:45—Registration and
Continental Breakfast

8:45 - 9:00 Introduction and own
change process

9:00 - 10:30 Stages of change, and
selecting the right interventions
to make a DIFference

10:30-10:45 Break

10:45 - 12:00 Practice OARS skills
(Open-ended questions,
Affirmations, Reflective
listening, Summarizing) through
experiential small group
exercises

**This facility complies with ADA access standards.
To ask questions, call Rebecca Schrock-Herdeck at
269-387-3158 or email;
rebecca.schrock-herdeck@wmich.edu**

Cancellation Policy: If a class is canceled due to insufficient enrollment or unforeseen circumstances, WMU School of Social Work will provide a full refund. If necessary, the University reserves the right to substitute instructors. If a registrant is unable to attend an event for which payment has already been received, the registrant may send another person in his or her place. The original registration information must be provided and the School of Social Work must be notified of this circumstance at or prior to the event.

**Registrations must be mailed to the address below
and must include payment and completed entry form
below. Checks must be made out to Western Michi-
gan University. Registrations will be acknowledged
via e-mail—please include your e-mail address.
Registration deadline is Monday, October 21st.
When mailing registration, e-mail rebecca.schrock-
herdeck@wmich.edu or fax 387-3183
to reserve your spot**

Name: _____ Social Worker ID # _____

E-mail address: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____

Payment enclosed. \$ _____

Training Fee: \$55

Student & WMU Field Supervisor Fee: \$20

DHS Fee: Free

Please add me to the Continuing Education email list for the School of Social Work at
WMU. Mail completed registration form and payment (if applicable) to:

Rebecca Schrock-Herdeck, School of Social Work, Western Michigan University,
1903 W. Michigan Ave., Kalamazoo, MI 49008-5354

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