

Notes:

Gynecological Visits

What
You
Need
to
Know



What's involved
Screen tests
Pap smear

What's involved at this visit?

- 1) A routine physical examination which includes a clinical breast exam and encouragement towards the practice of a monthly breast self-examination. Pamphlets are available to help describe this process.
- 2) A gynecologic (pelvic) examination which includes:
 - a visual examination of the genital area to search for abnormalities such as genital warts or herpes.
 - a speculum examination which allows viewing of your cervix to look for any evidence of inflammation or infections.
 - a biannual examination to attempt to find any abnormalities in the uterus, tubes, or ovaries.



Screening Tests

Notes:

- **Screening test for Chlamydia and Gonorrhea**
Chlamydia and gonorrhea are common sexually- transmitted infections that often have no symptoms. We perform routine screening for these infections at your annual exam. The accuracy of these tests depends on several variables, so they are not absolute, but offer the best chance at finding infection. If your test results are positive for one of these infections, you will be contacted and a prescription for appropriate treatment will be given to you. Recent sexual contacts also need to be notified and should be treated. Chlamydia and gonorrhea infections must be reported to the Michigan Department of Community Health.
- **A Pap Smear**
The Pap smear is a collection of cells from the cervix examined by trained laboratory personnel. Abnormal cells are reviewed by a pathologist.

The purpose of a Pap smear is to screen for any abnormal cervical cells that could eventually lead to cancer of the cervix. Remember, this is only a screening tool, and the majority of abnormal Pap smears do not indicate cancer. It takes up to two weeks before we have your results.

You will be notified only if your results are abnormal. However, you may call the phone nurse two weeks after your appointment to ask for your results.

If your Pap smear is abnormal, it will need to be followed up with a repeat evaluation in a few months or with a referral to a gynecologist. You will be contacted and, depending on your particular results, you may be asked to make a return visit.