

# LIFELONG LEARNING ACADEMY

A program of Western Michigan University's Division of Extended University Programs

# Course Offerings

Spring 2012

March - May



Extended University  
Programs

WESTERN MICHIGAN UNIVERSITY

In cooperation with the WMU Center for Gerontology

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## ICON KEY

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**History & Political Science**



**Enrichment**



**Health**



**Science & Technology**



**Arts & Humanities**

January 1, 2012

Dear Lifelong Learners:

As I write this greeting I am reminded that it was a little over six months ago that we began our Lifelong Learning Academy. To date we have enrolled almost 600 students in 45 courses, plus sponsored several day trips. As you will see in this listing of Spring 2012 courses we have a new and exciting curriculum planned just for you, including a great trip to the Purple Rose Theatre in Chelsea, Michigan as well as others to Columbus, Indiana and Detroit.

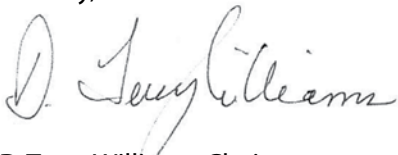
You are invited to attend our first social event on Thursday, January 26, at First United Methodist Church downtown, from 11:30 a.m. to 1:30 p.m. Our "Winter Gathering" will include lunch, a chance to meet old and new friends as well as instructors, hear the latest information and have an opportunity to register for classes and trips. Read more about it on page 21.

Meanwhile, the administration of the Academy is now under the new leadership of Sharon Seabrook Russell our newly appointed Director of Lifelong Learning at WMU. The Advisory Committee is thrilled to have her at the helm of our operation.

Finally, if you have suggestions as to specific courses you would like us to offer, please don't hesitate to contact Sharon at her office (269-387-4200) and she will speed it to the curriculum committee for consideration.

Sign up for one or more Spring courses and have fun learning!

Warmly,



D. Terry Williams, Chair  
Advisory Committee

**Lifelong Learning Academy**

(269) 387-4200

[www.wmich.edu/offcampus/lifelong](http://www.wmich.edu/offcampus/lifelong)

## ADVISORY BOARD MEMBERS

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Extended University Programs

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## PURPOSE

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The Lifelong Learning Academy was developed to provide intellectual and cultural learning experiences for adults in an informal and stimulating environment. People with diverse backgrounds come together to share interests and/or to delve into new areas of exploration. Academy classes and activities are developed by its members with the support of the staff of Extended University Programs. Members may volunteer as planners, instructors, committee, or Advisory Board members.

## MEMBERSHIP

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The Lifelong Learning Academy is membership-based. Membership is open to anyone with a passion for learning. There are no member requirements such as previous college experience. And there are no tests, no grading, and no academic credit.

Membership cost is \$35 per person for one year and includes the following benefits:

- Priority Registration: Some classes fill rapidly; as a member you will be able to sign up early. For spring, priority registration takes place January 8-31.
- Discounted Class Fees
  - \$10 per session for members
  - \$15 per session for non-members
- LLA Membership Card which will provide discounts to:
  - WMU Bookstore (10% except electronics and sales items)
  - Gilmore Theatre Complex (25% for most tickets)
  - Miller Auditorium (15% for most tickets)
  - West Hills Athletic Center (Waived enrollment fee; Individual \$44; Couples \$72; Single Parent \$63; Family \$91)
- Trips and Tours at discounted rates
- Study Groups
  - Several member initiated and directed future interest groups are envisioned
- Tours of Main Campus
- Digital Learning Library: DVDs may be borrowed at no cost

*Membership is valid for one year from the purchase date.*



### **Locations and Parking**

Classes will meet in several different locations: Ellsworth Hall, College of Health and Human Services (CHHS), Wyndam Apartments on Portage Road and Friendship Village on Drake Road,.

Parking Permits and maps will be included with your registration materials. If a parking permit is needed, registration must be received two weeks prior to the first class meeting.

### **Refund Policy**

Refunds will be processed if the Office of Lifelong Learning is notified prior to the first day of class, after which no refunds will be issued.

Phone: (269) 387-4174

## LLA SPRING COURSE SCHEDULE MARCH 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Thursday Jan 26</b> Winter Gathering				<b>1</b>	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> 9-11 a.m. Drugs Across the Lifespan	<b>6</b>	<b>7</b> Purple Rose Theatre Trip	<b>8</b> 6:30-8:30 p.m. Pyramids Explained	<b>9</b> 1-3 p.m. Health	<b>10</b>
<b>11</b>	<b>12</b> 9-11 a.m. Drugs Across the Lifetime	<b>13</b> 9-10:50 a.m. Beekeeping 1-2:50 p.m. Genealogy 1-2:50 p.m. Pharmaceutical 1-3 p.m. Social Change	<b>14</b> 11-12:50 p.m. Egypt 3-5 p.m. Ralph Waldo Emerson	<b>15</b> 9-11 a.m. Poetry 6:30-8:30 p.m. Pyramids Explained	<b>16</b> 11-12:50 p.m. Chemistry 1-3 p.m. Health	<b>17</b>
<b>18</b>	<b>19</b> 9-11 a.m. Drugs Across the Lifetime	<b>20</b> 9-10:50 a.m. Beekeeping 1-2:50 p.m. Genealogy 1-2:50 p.m. Pharmaceutical 1-3 p.m. Social Change	<b>21</b> 11-12:50 p.m. Egypt 3-5 p.m. Ralph Waldo Emerson	<b>22</b> 9-11 a.m. Poetry	<b>23</b> 11-12:50 p.m. Chemistry 1-3 p.m. Health	<b>24</b>
<b>25</b>	<b>26</b> 9-11 a.m. Drugs Across the Lifetime	<b>27</b> 1-2:50 p.m. Genealogy 1-2:50 p.m. Pharmaceutical	<b>28</b> 11-12:50 p.m. Egypt 6-8 p.m. Spanish 2	<b>29</b> 9-11 a.m. Poetry	<b>30</b>	<b>31</b>

## LLA SPRING COURSE SCHEDULE APRIL 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b> 1-2:50 p.m. Genealogy 1-2:50 p.m. Pharmaceutical 2-4 p.m. Exercise	<b>4</b> 3-5 p.m. Dante 6-8 p.m. Spanish 2	<b>5</b> 9-11 a.m. Poetry 3-4:50 p.m. Communism	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b> 1-2:50 p.m. Pharmaceutical 2-4 p.m. Exercise	<b>11</b> 1-3 p.m. Minding Your Mind 3-5 p.m. Dante 6-8 p.m. Spanish 2	<b>12</b> 1-2:50 p.m. Real Estate 3-4:50 p.m. Communism	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b> 9-11 a.m. Generations 1-2:50 p.m. Pharmaceutical 2-4 p.m. Exercise	<b>18</b> 1-3 p.m. Minding Your Mind 3-5 p.m. Dante 6-8 p.m. Spanish 2	<b>19</b> 1-2:50 p.m. Real Estate 3-4:50 p.m. Communism	<b>20</b> 9-10:50 a.m. Women Workers of WWII 1-3 p.m. Nutrition Columbus Trip	<b>21</b> Columbus Trip
<b>22</b>	<b>23</b>	<b>24</b> 9-11 a.m. Generations	<b>25</b> 1-3 p.m. Minding Your Mind 3-5 p.m. Dante 6-8 p.m. Spanish 2	<b>26</b> 9-11 a.m. Language of Ballet	<b>27</b> 9-10:50 a.m. Women Workers of WWII 1-3 p.m. Nutrition	<b>28</b> 8 p.m. Gilmore Essentials
<b>29</b> 3 p.m. Gilmore Essentials	<b>30</b> 8 p.m. Gilmore Essentials					

# LLA SPRING COURSE SCHEDULE MAY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b> 6-8 p.m. Spanish 2	<b>3</b> 9 - 11 a.m. Language of Ballet 7:30 p.m. Gilmore - Variations	<b>4</b> 9-10:50 a.m. Women Workers of WWII 1-3 p.m. Nutrition 8:00 p.m. Gilmore - Variations	<b>5</b> 2:00 p.m. Gilmore - Variations
<b>6</b> 3:00 p.m. Gilmore - Mixed Bag	<b>7</b> 8:00 p.m. Gilmore - Mixed Bag	<b>8</b>	<b>9</b> 8:00 p.m. Gilmore - Mixed Bag	<b>10</b> Medieval Congress	<b>11</b> Medieval Congress	<b>12</b> Medieval Congress 2:00 p.m. Gilmore - Mixed Bag
<b>13</b> Medieval Congress	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> Detroit Trip	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
				<p>More details on LLA summer and fall trips can be found online:  <a href="http://www.wmich.edu/offcampus/lifelong">www.wmich.edu/offcampus/lifelong</a></p>		



## Drugs Across the Lifespan

4 sessions

**Mondays** Mar. 5, 12, 19, 26

**Times:** 9-11 a.m.

**Fees:** Member \$40; Non-member \$60

**Location:** Friendship Village, Kiva Room

This course will address prescriptive and over the counter medications, their therapeutic and side effects. Emphasis will be on poly morbidity, poly physician and poly pharmacy. Additional emphasis will be on self-advocacy in the use of these drugs.

**About the Instructor:** Dr. C. Dennis Simpson is Professor and Director of the Specialty Program in Alcohol and Drug Abuse at Western Michigan University. He is a Board Certified Neuropsychopharmacologist. He has taught courses on drugs and their therapeutic, allergic and idiosyncratic effects to students, community groups and corporations for over 35 years.



## Beer! We Need More Beer! The Mysteries of the Great Pyramid Explained

2 sessions

**Thursdays** Mar. 8, 15

**Times:** 6:30-8:30 p.m.

**Fees:** Member \$20; Non-member \$30

**Location:** Wyndham

This course will explore the myths, facts and mysteries of the Great Pyramid at Giza, Egypt. The architectural and construction methods used to erect the Great Pyramid and the people who constructed the pyramids (and how they were paid) and the effects of pyramid building on Egyptian culture will all be extensively discussed. The discussions will place the Great Pyramid in its historical context among the other Seven Wonders of the ancient world and will employ video evidence to fully explore the largest structure ever built by pre-modern humans. Students will also take part in a small recreation of the footprint of the Great Pyramid in order to fully understand its magnitude.

**About the Instructor:** AJ Hartman has an MA from Spring Arbor University and a BA from Goshen College. He teaches social studies and economics at Lawton High School, and has taught many classes with Rome as the centerpiece. He continues to devour anything he can get his hands on concerning Rome and her culture.





## Cultivating Emotional and Physical Health

3 sessions

Fridays Mar. 9, 16, 23

Times: 1-3 p.m.

Fees: Member \$30; Non-member \$45

Location: Friendship Village, Kiva Room

This course will teach participants simple exercises to develop non-judgmental awareness of our moment-to-moment experiences, that help individuals to effectively work with emotional and psychological stress and chronic pain. The course is modeled after the Mindfulness-Based Stress Reduction (MBSR) program developed by Dr. Jon Kabat-Zinn at the University of Massachusetts Medical School, which is now used in over 250 hospitals across America. Over 150 clinical studies of MBSR found it increases our ability to heal destructive mental and emotional habits and increase physical health by reducing stress, depression and physical pain.

*Students will be required to sign a waiver on the first day of class.*

**About the Instructor:** Eric Nelson has a BS and MA from WMU. He has 25 years of experience in the field of mind/body health and contemplative practice. As a Wellness Coach Eric provides training in Mindfulness-Based Stress Reduction helping individuals to effectively work with emotional, psychological and physical stress and pain. Eric worked for 22 years as a Program Officer for the Fetzer Institute, managing programs on interfaith dialogue, contemplative practice and peace building, both in the US and abroad.

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**“I’m learning that I still have a lot to learn.”**

**~ Maya Angelou**



## Beekeeping: What’s all the Buzz About?

2 sessions + optional field trip

Tuesdays Mar. 13, 20

Times: 9-10:50 a.m.

Fees: Member \$20; Non-member \$30

Location: 4035 CHHS

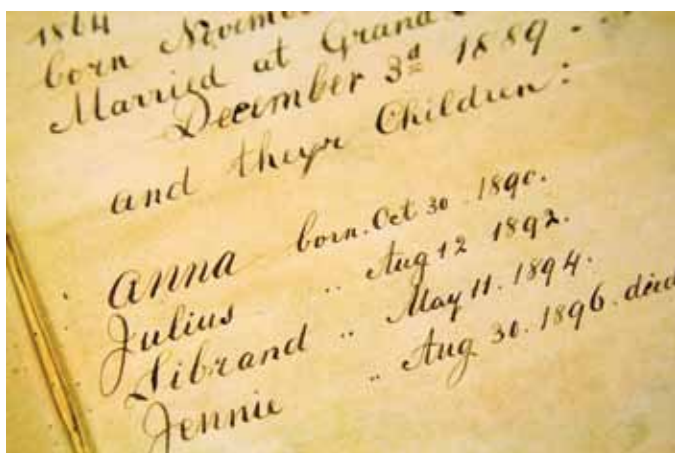
Recently honeybees have been in the news as an unknown cause is reportedly threatening this important pollinator. With the news of colony collapse disorder and the growing interest in local food it seems there has been a resurgence of people wanting to learn more about hobby beekeeping. This introduction will provide a basic understanding needed for hobby beekeeping. The timing of this course is ideal for those interested in starting a hobby in beekeeping. An optional third session will be a field trip to an apiary to inspect hives. A mentoring program will be available following the course for those who would like additional support to start keeping their own honeybees.

**About the Instructor:** Joe Calme retired from Pfizer where he was a computer system validation manager and database administrator. He has been a hobby beekeeper for 3 years and is on the board of the Kalamazoo Bee Club. Joe lives in Oshtemo and his farm is in Cassopolis.



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**CLASSES FILL QUICKLY - REGISTER EARLY!**



### Find Your Ancestors While You Still Have Time: Genealogy for Retirees

4 sessions  
Tuesdays Mar. 13, 20, 27, Apr. 3  
Times: 1-2:50 p.m.  
Fees: Member \$40; Non-member \$60  
Location: 1093 CHHS

Note: This popular course is being repeated from previous semesters.

Participants (both beginners and more advanced researchers) will be encouraged to find information on one or more ancestral lines, learn about resources and tools to conduct genealogical research, including the Internet, learn about local genealogical resources and repositories, and receive suggestions on where to look next for their ancestors.

**About the Instructor:** Judith Halseth, EdD, retired in 1997 as Professor Emerita of Social Work. She holds a bachelor's degree in Music Education from the University of Michigan, a master's degree in social work and her doctorate from WMU. She is active in the New England Historic Genealogical Society (an organization of over 26,000 members), serving as a Trustee for five years. Judith has pursued genealogical research since retirement and she enjoys helping people find their ancestors.



### Personal Reflections on Non-violent Direct Action for Social Change, Then and Now

2 sessions  
Tuesdays Mar. 13, 20  
Times: 1-3 p.m.  
Fees: Member \$20; Non-member \$30  
Location: Wyndham

The instructor will reflect on her experiences from inside city hall and from the streets, during the civil rights struggle in the not-so-liberal Ann Arbor of the sixties. The class will examine what is behind effective protest action, discuss the philosophy of nonviolence, the rationale and the impact of direct action, and finish by looking at the relevance of the nonviolent direction approach to today's struggles in countries abroad and local movements, such as Occupy Wall Street.

**About the Instructor:** Lauri Holmes was active in the civil rights movement in the Ann Arbor chapter of the Congress of Racial Equality during the civil rights era of the 1960s and also served for three years in City Hall as Executive Secretary of the city's Human Relations Commission. After receiving an MSW from U. of Michigan, she came to Kalamazoo as the director of the Family Counseling program at Family and Children Services and was an adjunct professor at the WMU School of Social Work. Active in community service, she teaches and lectures as a docent at the Kalamazoo Institute of Arts.

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**“The one real object of education is to have a man in the condition of continually asking questions.”**

**~Bishop Mandell Creighton**

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**DON'T MISS OUT! REGISTER EARLY.**



## The Pharmaceutical Industry: The Process of Bringing a New Medicine to Market

6 sessions

Tuesdays Mar. 13, 20, 27, Apr. 3, 10, 17

Times: 1-2:50 p.m.

Fees: Member \$30; Non-member \$45

Location: 1035 CHHS

In recent years there have been extensive changes in the methods of discovery and development of new medicines. This class will cover the process steps of discovery and development of new medicines, including the problems in marketing new medicines and the effect of generics on the American pharmaceutical industry. Also included will be the reasons why research development and pretesting of drug molecules are necessary, as well as the FDA requirements for legal testing of new drug molecules in animal models. The patent clock starts ticking when the drug molecule is discovered, not when the medicine appears on the market. Finally, we'll look at over-the-counter medicines in drug stores labeled: "This product has not been approved by the Food and Drug Administration. It is not intended to cure, treat, or prevent any disease or illness."

**About the Instructor:** Dennis J. Weber is a native of Kalamazoo with a BS and MA in Chemistry from WMU and a PhD in Pharmaceutical Chemistry (analytical, physical and pharmacokinetics) from the U. of Florida. He has spent 30 years in research in the pharmaceutical industry working with Syntek and Upjohn. His research included analytical development in quality control and drug metabolism research plus pharmacokinetics of drugs in humans and animals.



## Ralph Waldo Emerson and "Nature"

2 sessions

Wednesdays Mar. 14, 21

Times: 3-5 p.m.

Fees: Member \$20; Non-member \$30

Location: Wyndham

Ralph Waldo Emerson (1803-1882), father of American Transcendentalism, was one of the most important religious thinkers of 19th-century America. His many books and essays, including *Nature* (1836), influenced generations of American writers and thinkers and had a profound impact on the rise of the environmental movement in this country. In this course we will discuss Emerson's life and times, paying specific attention to his intellectual roots in Unitarianism and German Romanticism and his fascination with Eastern religious texts, including the Hindu devotional classic, the *Bhagavadgita*.

His essay titled "Nature" sparked the Transcendentalist movement of the 1830s and 40s both in America and abroad. Although modern-day readers frequently find Emerson's writing opaque and full of contradiction, we'll try to dispel some of those perceptions, providing an overview of Transcendentalism's main tenets and engaging in a close study and discussion of Emerson's most famous essay "Nature."

**Note:** Please read Emerson's essay "Nature," which is easily found on the Internet, beforehand.

**About the Instructor:** First Session: Brian C. Wilson is Professor of Comparative Religion at WMU. He joined the faculty in 1996 and was department chair from 2001 to 2009. His areas of interest include American religious history and theory and method in the academic study of religion. His most recent book is *Yankees in Michigan*, published by Michigan State University Press in 2008. Professor Wilson's current book project is *The Battle for Battle Creek: Sectarian Competition in the Yankee Diaspora*.

**Second Session:** Ruth Haring, PhD, has been a Trustee of The Sambodh Society, Inc. since its inception in 1998, and presently acts as the CEO of Sambodh Center for Human Excellence, Kalamazoo, MI. She has two Master's degrees from WMU and a PhD in English from Michigan State U. She taught American Literature at Grand Valley State U. and WMU.



## Getting Lost and Found: The Power of Poetry and Story

4 sessions.

Thursdays Mar. 15, 22, 29, Apr. 5

Times: 9-11 a.m.

Fees: Member \$40; Non-member \$60

Location: Friendship Village, Kiva Room

This course will offer participants a quiet and centered look at various poems and stories (both archetypal and personal). The material will serve as medium for personal reflection and writing, and for sharing insights in either small or large group settings. The approach will be warm and completely invitational, and with the rare gift of enough silence to lose oneself -- and perhaps to find oneself-- through the evocative materials shared. Each session might be described as a "mini-retreat" from the busy-ness and noise of the everyday world, into a world of thoughtful communication -- with oneself and with one another.

**About the Instructor:** Marianne Novak Houston retired in 1998 after 40 years in elementary through university classrooms. She was named Milken National Educator in 1994. Marianne is the director of Michigan Courage and Renewal and a facilitator/consultant with the Center for Courage and Renewal in Seattle. She holds a Masters degree in Religious Studies. With Dr. Parker Palmer and associates she helped establish the international Courage to Teach and Courage to Lead programs and facilitates retreats for leaders in the US and abroad. Her recently published collection of original poems, *On the Street*, follows a lifetime of writing both prose and poetry, and teaching -- among other subjects -- creative writing.

Note: Students should bring journaling notebooks to class.



## Antoine Lavoisier (1772-1789) Applies Rigor to Chemistry But Loses His Head

2 sessions

Fridays Mar. 16, 23

Times: 11-12:50 p.m.

Fees: Member \$20; Non-member \$30

Location: 1087 CHHS

Antoine Lavoisier (1772-1789) revolutionized the field of chemistry during the era of the American and French revolutions, yet ended up on the wrong side of the last one. How did he do it? His biggest obstacle was the concept of phlogiston, the then- popular (but wrong) idea of how chemical transformations occur. It took Lavoisier 15 years to demolish that theory and to gain acceptance of reality-based alternative concepts. Why so long? Interpersonal and even international rivalries played a part, but many of the forces and factors at work then are still present in today's controversies. Discussion is invited.

**About the Instructor:** Jack Urban (BS, Ph.D., Ch.E, Lehigh University, U. of Maryland), after completing a 30-year career at Upjohn/Pharmacia, became a part-time chemistry instructor at KVCC. Jack has a lifelong interest in the history of technology and in discovering the creative insights that spark scientific breakthroughs. He has given presentations at the Torch Club and People's Church on the thrilling aspects of scientific invention from the first flights of the Concorde SST, the writings of Antoine de St. Exupéry and the rigorous research of the Wright Brothers.



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Learning is a treasure  
that will follow its  
owner everywhere.  
~Chinese Proverb

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“No matter how one may think himself accomplished, when he sets out to learn a new language, science, or the bicycle, he has entered a new realm as truly as if he were a child newly born into the world.”

~Frances Willard,  
*How I Learned to Ride the Bicycle*



## Let Your Spirit Fly and Have Fun with Exercise!

3 sessions

Tuesdays Apr. 3, 10, 17

Times: 2-4 p.m.

Fees: Member \$30; Non-member \$45

Location: Wyndham

An old saying is, “Variety is the Spice of Life.” Exercise requires variety to keep it fun and to keep you doing it. Engage your spirit with 3 innovative and fun exercise programs that will create a new energy in you and help you become fit at the same time. All 3 are national programs that have proven research on their benefits for older adults and all three focus on mind and body. We will experience moving together; making rhythms together; thinking together, and most important, having fun together. Come let your spirit fly in Drums Alive (Golden Beats), Enhance Fitness, and Laughter Yoga.

*Students will be required to sign a waiver on the first day of class.*

**About the Instructor:** Barbara Fish graduated from Penn State University with a BS in Therapeutic Recreation. For the last seven years, she has been the Director of Senior Wellness and Volunteer Management at Heritage Community. Prior to working at Heritage Community, she was employed as a Corporate Fitness Director. Barb is also an ACE Certified Personal Trainer, and is a Master Trainer for Enhance Fitness, an evidenced based senior exercise program. She is certified with the Drums Alive (Golden Beats) program and Certified Instructor for Laughter Yoga. Truly a senior energizer and advocate for wellness, Barb is passionate about keeping people moving and believes that exercise does stimulate the mind and keeps people engaged.



## Spanish 2: Spanish Language & Culture of Spain

6 sessions

Wednesdays Mar. 28, Apr. 4, 11, 18, 25, May 2

Times: 6-8 p.m.

Fees: Member \$60; Non-member \$90

Location: Ellsworth 1354

This Spanish course will build on our Spanish for Beginners Fall 2011 course, and is ideal for students who have some basic Spanish skills. Join us as we move beyond basics and explore Spanish grammar, verbs and sentence structure in a relaxed and casual environment. In addition to language learning, we will discuss the history and culture of Spain. This course is the second in a four part series ending with an optional trip to Spain in November 2012.

**About the Instructor:** After participating in a cultural exchange to Spain during high school, Jessica Parker developed a lifelong love affair with Spain and the Spanish language. In the following 20 years since that first trip, Jessica has returned to Spain to live and work. She holds a BA in Spanish Language and Literature and a BA in Western European Studies, both from Kalamazoo College. Her MA in Educational Leadership was earned at Eastern Michigan University. In her spare time, Jessica is an avid traveler and returns to Europe twice a year. She is looking forward to sharing her love of Spain and its language with this class.



## An Introduction to the Commedia of Dante

4 sessions

Wednesdays Apr. 4, 11, 18, 25

Times: 3-5 p.m.

Fees: Member \$40; Non-member \$60

Location: Wyndham

Clearly the Commedia of Dante is one of the monuments of the Western literary heritage, but like many monuments it is often remembered rather than read. In this introduction, Prof. Seiler will offer a map to the reading of the work that he hopes will whet the appetite of prospective readers and offer some suggestions that will make the process easier and more exciting.

**About the Instructor:** *Dr. Thomas H. Seiler retired in January 2002 as Emeritus Professor of English and Medieval Studies after thirty one and a half years on the faculty of Western Michigan University. He had—and has—a lifelong fascination with the effort to understand how it is that artists such as Dante, Chaucer, Shakespeare, and Milton found the forms that earned them the label “genius.”*



## What Was Soviet Communism Really Like—and Why Did It Disintegrate?

3 sessions

Thursdays Apr. 5, 12, 19

Times: 3-4:50 p.m.

Fees: Member \$30; Non-member \$45

Location: 2073 CHHS

The West spent 45 years battling a powerful enemy. Yet, when the Communist systems of Eastern Europe suddenly imploded in 1989-90, shortly followed by the Soviet Union itself, few predicted this. The course will examine the nature of communism and the external and structural factors which propelled its implosion.

**About the Instructor:** *Barbara McCrea has a PhD from the U. of Notre Dame. She has taught political science at Notre Dame, WMU, Kalamazoo College, and KVCC, and for ten years was a Visiting Scholar at the Kroc Institute for international Peace Studies at Notre Dame. She was a Fulbright Scholar to Croatia, 1993-94, and to Estonia, 1999, and a Research Scholar at the Woodrow Wilson Center.*



## Minding Your Mind

3 sessions

Wednesdays Apr. 11, 18, 25

Times: 1-3 p.m.

Fees: Member \$30; Non-member \$45

Location: Wyndham

What’s new in brain fitness research? How do we apply it to our daily lives? Is memory loss inevitable as we age? What is normal and what is not? Does everyone forget where his/her keys are? What can we do to keep our brains active as we get older? These are some of the questions we will consider through lecture, discussion, and brain activities. In the last 20 years there has been an explosion of knowledge about the human brain and how it works. Library shelves are filled with excellent books, magazines and articles on this topic. Most of it is well researched and documented. However, there are still many misconceptions out there that will be addressed in this course.

**About the Instructor:** *Jo Arnold has BA and MA degrees in German Language and Literature and in her first career taught German at the high school and college levels. She entertained ideas of becoming a folklorist and spent three wonderful years at Indiana University studying at the Folklore Institute. Following a move to Kalamazoo, Jo began to work in the field of aging; she completed a graduate certificate in Gerontology at WMU as well as an MA in Counseling Psychology. She taught classes in Memory and Brain Health at the Portage Senior Center for over 20 years. Jo, now retired, was director of the City of Portage Senior Center for almost 30 years and remains active in national associations. She is a board member of the LLA at WMU.*

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“The purpose of learning is growth, and our minds, unlike our bodies, can continue growing as we continue to live.”

~Mortimer Adler



## Real Estate and You

2 sessions

Thursdays Apr. 12, 19

Times: 1-2:50 p.m.

Fees: Member \$20; Non-member \$30

Location: 2088 CHHS

Are you interested in discussing real estate with a realtor and with each other? What has happened over the last five years in the real estate market? What can we expect in the future? This class will encourage participation, even if only a little. Bring at least one question. We will talk about the importance of location, homeowners, renters, lenders, borrowers, landlords, brokers, suburbs, government's roles, and your questions and answers.

**About the Instructor:** *Ralph G. Jarl has an MBA from the University of Michigan. He has been the Instructor in Real Estate Practices for the Kalamazoo Board of Realtors and an Adjunct Instructor in WMU's Haworth College of Business. He is currently the facilitator for a biweekly men's "issues" discussion group. Ralph has experience in home building and redeveloping apartments and offices as well as real estate leasing, management, and investment. He was once the Real Estate Officer in the Trust Department of First National (now PNC) Bank.*



## When Generations Collide

2 sessions

Tuesdays Apr. 17, 24

Times: 9-11 a.m.

Fees: Member \$20; Non-member \$30

Location: Friendship Village, Kiva Room

We hear a lot about the four generations -- Traditionals, Baby Boomers, Gen Xers and Millenials. But what defines each of these generations? And how do they communicate? This class will explore the characteristics of each of the generations and discover how to cross the divide that often separates them. Using a combination of lecture, group exercises, and discussion, the class will provide participants with an understanding of the characteristics of each of the generations and of ways to foster improved communication between generations.

**About the Instructor:** *Diane Henderson retired after a 40 year career in educational program development and management and training. She has a BA and MA in Communication from Michigan State. During her career she worked for Cornell University, Michigan State University, Wichita State University, the University of Illinois at Urbana-Champaign, the University of Kansas School of Medicine at Wichita, Western Michigan University, the University of North Carolina at Chapel Hill, and the University of Cincinnati. She now lives and plays in Canton.*

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**“All the world is a laboratory to the inquiring mind.”**  
~Martin H. Fischer

**CLASSES FILL QUICKLY - REGISTER EARLY!**



## The Power of Nutrition: Why We Should Care About What We Eat

3 sessions

Fridays Apr. 20, 27, May 4

Times: 1-3 p.m.

Fees: Member \$30; Non-member \$45

Location: Friendship Village, Kiva Room

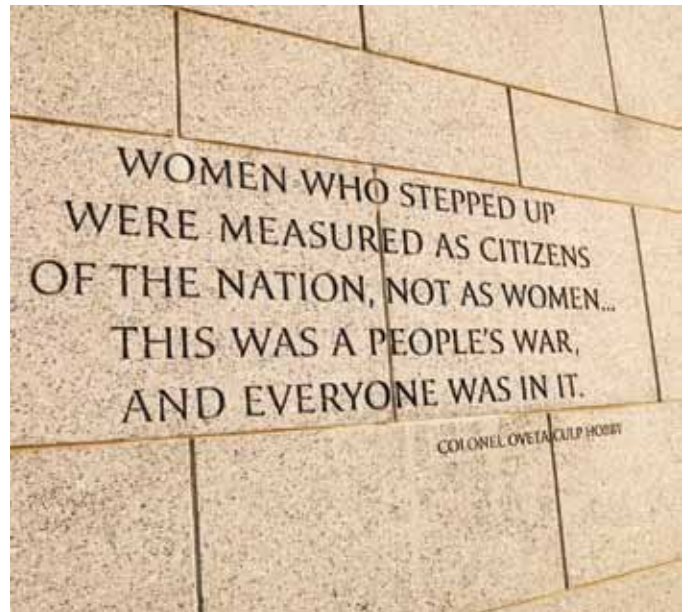
Foods we are surrounded by today vary greatly from what our ancestors ate. We will explore how the typical Western diet has contributed to the increased trend in diseases such as diabetes and cardiovascular disease. Our bodies need certain nutrients to optimize health, whereas some foods or substances can be taxing on our bodies. Examples will be given on how nutrition can be used to help prevent or reverse disease states. Participants will keep a food log, discover the importance of incorporating certain nutrients in the diet and learn how to make healthy choices.

**About the Instructor:** *Melissa Centofanti has a master's degree in Human Nutrition from the University of Bridgeport and an undergraduate degree from Michigan Technological University in Environmental Engineering. She has successfully reversed disease states using nutrition and serves as a health coach to help improve the wellbeing of others. She is a member of the Michigan Nutrition Association and a member of the wellness committee at Stryker Medical where she presents seminars on living a healthy lifestyle.*

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**“The excitement of learning separates youth from old age. As long as you’re learning you’re not old.”**

**~Rosalyn S. Yalow**



## Let's Hear It for the Women Workers of WWII!

3 sessions

Fridays Apr. 20, 27, May 4

Times: 9-10:50 a.m.

Fees: Member \$30; Non-member \$45

Location: 1087 CHHS

Three videos of the women workers of WWII war effort will be shown and discussed. "Rosie the Riveter" and "Flygirls," are documentaries of shipyard and manufacturing plant workers and of women pilots. The latest video made just last year is titled "Top Secret Rosies" and tells of the work that women mathematicians did for the war efforts and the development of computers. All three videos include historical footage from the 1940's juxtaposed with recent interviews of women from these three groups as they reflect back on their wartime experiences. Discussion will follow each of the one-hour DVDs. The audience will be encouraged to add commentary and share remembrances.

**About the Instructor:** *Molly W. Williams holds a BS from Northwestern University and MS and PhD in engineering sciences from the University of California Berkeley. Retired from WMU, she is Professor Emerita of Mechanical and Aeronautical Engineering and former Associate Dean for Research and Graduate Programs in the College of Engineering and Applied Sciences. A licensed professional engineer and member of the Society of Women Engineers, she encourages women to consider non-traditional careers, especially in science and engineering.*



## Using the Language of Ballet to Improve Your Balance and Posture

2 sessions

Thursdays Apr. 26, May 3

Times: 9-11 a.m.

Fees: Member \$20; Non-member \$30

Location: Wyndham

This course offers participants an opportunity to gain a sense of achievement and confidence while improving balance and posture utilizing age appropriate ballet movements. Participants will receive individual attention and may stand or learn while sitting in chairs. The structure of the class includes low intensity, non-impact techniques, especially arranged for the mature participant. The format consists of frequent intervals of movement and rest. During the movement sections legs, arms and abdominals gain tone with graceful ballet choreography. During rest intervals the topics may include the Gestures of Ballet, which are the historical arm movements representing words used in the classical ballets of the 19th Century. Other topics may include lectures and discussions of famous ballets and dancers including the viewing of DVD clips. Questions and requests are welcome.

Dress: comfortable clothing, with soft, pliable shoes, bare feet or just socks. (Ballet shoes may be purchased if desired, but are not required.)

Students will be required to sign a waiver on the first day of class.

**About the Instructor:** *Therese (Terry) Bullard directs the Bullard School and Kalamazoo Ballet. She is a former member of Canada's Royal Winnipeg Ballet and an Advanced member of the Royal Academy of Dancing, London, England. She performed on Canadian Television and danced in numerous musicals and operas in New York and Toronto. She holds a Masters Degree in Communication from Western Michigan University and is a former faculty member of Nazareth College, WMU and Wichita State University. Ms. Bullard was a recipient of the Kalamazoo Community Arts Award in 1988 and honored to receive the Community Dance Advocacy Award from Partners in Dance, WMU in 2009. Ms. Bullard can never decide her favorite class -- Ages three, thirty or sixty -- it is always the class of the moment.*



## Egypt: Yesterday and Today

3 sessions

Wednesdays Mar. 14, 21, 28

Times: 11-12:50 p.m.

Fees: Member \$30; Non-member \$45

Location: 1093 CHHS

In this course we will summarize Egypt's long yesterday, from its first dynasty to present revolution. Following will be Egypt: learning and practicing community development. Thirdly, we will identify events in the present revolution that will help us understand where revolution is headed today: Revolutionary forces, Muslim Brotherhood, Revolutionary Council, Military Council, evaluating place of Islam in Egypt, Orthodox Church in Egypt, secular Islam, high degree of educational attainment, low degree of employment opportunities, budgetary problems of Egypt, and whatever else is current during the run of the course.

**About the Instructor:** *Rev. Dr. Eberts is a graduate of Heidelberg College in Ohio, Yale University Divinity School, and San Francisco Theological Seminary. He holds a Doctor of the Science of Theology and was an adjunct Professor at SFTS from 1975-1991, teaching and directing dissertations. He has lectured for the Coptic Evangelical Organization for Social Services in Cairo and Minia, Egypt and at Cairo Evangelical Seminary through ten visits over a 25-year period.*

*Suggested readings include: Council on Foreign Relations The New Arab Revolt, 2011; Rock the Casbah: Rage and Rebellion Across the Islamic World by Robin Wright; Generation Freedom: The Middle East Uprising and the Remaking of the Modern World by Bruce Feiler (all available at Amazon.com). We will also make ample use of the Internet.*



## **STUDY INTEREST GROUPS**

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SIGS are interest based sessions for LLA members who want to explore a topic in depth or participate in a specific activity on a regular basis. The groups are self-directed: they are organized and run by the participants. One person assumes the role of convener or facilitator. Anyone may start a SIG. Like classes, SIGS are non-credit and participants must be LLA members. There are no additional fees charged by the Lifelong Learning Academy. Study Interest groups may meet all year or for a specific number of meetings either on campus or at other locations. As new SIGS are formed they will be announced via the website. Here's one starting up this spring:

### ***Stock Investing for Growth SIG***

If you are a retiree who has seen his/her net worth reduced enough that you are having doubts about the soundness of your current financial / estate plan then you should find this group's discussions about the risks associated with various investment strategies helpful in deciding whether your present investment strategy will continue to meet both immediate and long term financial needs. It is recommended participants bring a lap top computer or internet accessible device. The group leader is Richard Westerman. Meeting place and time TBA.

### **Digital Learning Library and sign out procedure**

EUP has an extensive collection of videos and DVDs. A list of available titles can be found on the website. To borrow materials, members should go the EUP Welcome Center on the 3rd floor of Ellsworth on the main campus and complete a "media release form". All materials may be borrowed for three weeks.

## **Volunteer opportunities**

There are many ways to be involved in the LLA. You may join one of the currently active committees: curriculum, marketing/membership and travel. Classroom assistants and photographers are also needed. There are openings for leaders of Study Interest Groups and classroom instructors.

### **Becoming an instructor**

Classroom instructors are volunteers and anyone who has an idea for a class he/she would like to teach is welcome to submit it to the curriculum committee. Instructors determine the content of the course and the number of sessions they would like to teach. Applications are available online at the LLA website.

### **Weather closings**

LLA classes will be canceled when WMU is closed due to weather. Listen to local media for announcements.

### **Scholarships**

Whole or partial scholarships are available to persons who cannot afford the class cost. Please make a scholarship request when you fill out the registration form.

### **Donations**

The LLA is now accepting donations to a scholarship fund that will be available to those who cannot afford the fee for classes. If you are able, please consider making a donation of any size to this fund when you register.

# THE IRVING S. GILMORE INTERNATIONAL KEYBOARD FESTIVAL AND LLA TOGETHER!



WMU's Lifelong Learning Academy and The Irving S. Gilmore International Keyboard Festival are pleased to announce a collaboration for the 2012 Gilmore Keyboard Festival. The biennial festival that features world famous keyboard artists takes place April 26 – May 12, 2012 right here in Kalamazoo.

This special program presents a series of condensed courses based on the festival concerts. The three packages below involve an opening reception for those enrolled, three concerts and several seminars led by a distinguished professor and possible collaborators from the festival. Each seminar is designed to bring you closer to the music and the composers behind the music. The extended seminar time allows for questions, discussions, and familiarization with the music to be heard. Most seminars will take place late morning on the performance day in Dalton Rehearsal C. Students will be sent the schedule upon registration.

Complete concert programs and information about the performing artists can be found at [www.thegilmore.org](http://www.thegilmore.org). Each package must be purchased through WMU's Lifelong Learning offices: <http://www.wmich.edu/offcampus/lifelong/> Cost includes Gold seating and all classes. Members who already have tickets, may pay the class cost only.

For more information, call (269) 387-4174.

**Opening Reception:** Thursday April 26th time and location TBA (All registered participants will be notified).

## Package #1: Gilmore Essentials

The Gilmore is a keyboard festival with a unique award as its focal point. Recognizing a concert pianist every four years through a non-competitive selection process has helped placed Kalamazoo on the map. With Gilmore Essentials, experience pure keyboard music at its finest with some of the world's greatest, including the 2010 Gilmore Artist, Kirill Gerstein. Seminar instructor is to be announced.

APR 28 Chenery Auditorium	<i>Richard Goode</i> 8:00 PM
APR 29 Chenery Auditorium	<i>Kirill Gerstein</i> 3:00 PM
APR 30 Dalton Center Recital Hall	<i>Imogen Cooper</i> 8:00 PM
<b>TOTAL PACKAGE #1 \$125</b>	<b>Class only \$45</b>

## Package #2: Variations on a Theme

*Variations on a Theme* explores two great works in the keyboard literature: the Diabelli Variations by Beethoven and the Goldberg Variations by Bach. 33 Variations is a play revealing the story behind Beethoven's masterwork. The following evening you can experience the variations as performed by the critically acclaimed Beethoven interpreter, Stephen Kovacevich. The next day, explore the Goldberg Variations with local favorite Lori Sims.

MAY 3 Parish Theater	<i>33 Variations</i> * 7:30 PM
MAY 4 Dalton Center Recital Hall	<i>Stephen Kovacevich</i> 8:00 PM
MAY 5 Stetson Chapel	<i>Lori Sims</i> * 2:00 PM

Seminar Instructor: Lia Jensen-Abbott (Albion)  
Guest speaker: Director D. Terry Williams

**TOTAL PACKAGE #2 \$104      Class only \$45**

## Package #3: Mixed Bag

The Irving S. Gilmore International Keyboard Festival is more than solo piano, so come experience a blending of what the festival has to offer with the *Mixed Bag*. WMU professor Dan Jacobson will guide you through the music, the artists, and the history of each concert which will include solo piano, piano and chamber orchestra, and a jazz/classical experience. Ms. Fliter is a past Gilmore artist.

MAY 6 Chenery Auditorium	<i>GFCO/Fliter/Perez</i> 3:00 PM
MAY 7 Dalton Center Recital Hall	<i>Natasha Paremski</i> 8:00 PM
MAY 9 Dalton Center Recital Hall	<i>Gerstein and Mehlidau</i> 8:00 PM
MAY 12 Stetson Chapel	<i>Alon Goldstein</i> * 2:00 PM

**TOTAL PACKAGE #3**  
**Special four for three pricing \$129      Class only \$45**

\* Event is general admission seating

## WMU CENTER FOR THE HUMANITIES LECTURE SERIES

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LLA members are encouraged to attend one or more of these lectures by distinguished professors or authors. Lectures are free and open to the public. For additional information please go to [www.wmich.edu/humanities](http://www.wmich.edu/humanities).

### Jim Torczyner

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**“Fifteen Years Creating Engaged Citizenry in the Middle East: Building Strong Communities in Jordan, Israel and Palestine through Rights Advocacy”**

*January 26, 2012, 4 pm 2008 Richmond Center*

Jim Torczyner is the founder of the McGill Middle East Program in Civil Society and Peace Building that is rooted in his innovative rights-based community practice model.

### Art Caplan

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**“The Inevitability of Rationing and How to be Fair About It”**

*February 23, 2012, 4 pm 2008 Richmond Center*

Art Caplan is the Emmanuel and Robert Hart Director of the Center for Bioethics and the Sidney D. Caplan Professor of Bioethics at the University of Pennsylvania.

### Sonya Bernard-Hollins

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**“Discovering Merze Tate: How to Uncover the Hidden Treasures in Your Archives and Bring Them to Life”**

*March 22, 2012, 4 pm Humanities Center*

Ms. Bernard-Hollins will talk about her search for information on African American graduates of WMU and how she discovered Merze Tate, a 1927 graduate of WMU and donor to the University.

### Jen Bervin

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**“Small Infinities—Emily Dickinson’s Manuscripts”**

*March 28, 2012, 4 pm Meader Rare Book Room*

Jen Bervin’s work brings together text and textile in a practice that encompasses artist books, poetry, large-scale art works, and archival research.

## TRIPS AND TOURS

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### Purple Rose Theatre

*March 7, 2012*

D. Terry Williams, former chairman of WMU’s Department of Theater will be our escort to Chelsea, Michigan for a performance at Jeff Daniel’s Purple Rose Theatre. The itinerary includes a morning stop at the Jiffy Mix Mill to see how corn bread is made. We’ll have lunch on our own and some time to explore the shops in Chelsea before we visit the River Gallery to meet the featured artist. Then, it’s on to the Purple Rose to see the comedy, *The Stone Carver*. Afterward, Terry has arranged a discussion with the actors. Dinner will be at the celebrated Common Grill. A stimulating day for the winter doldrums!

\$98 Member; \$108 Non-Member

Reservation deadline: February 15

### Columbus, Indiana: Architecture and Art

*April 20 and 21, 2012*

Listed 11th by the National Geographic as one of the most important world wide destinations, this small city in Indiana is an architectural wonder with civic buildings, schools and churches by internationally known architects such as I.M. Pei, Eliel and Eero Saarinen, Marcel Breur and others. The trip includes a city tour, a private wine party before dinner, and a stay in a boutique hotel for the night. Saturday morning we’ll have a special visit to the Miller House, a stunning glass home in the “modern” style of the 1950’s. Then it’s on to Indianapolis where we will visit the Museum of Art and the home of Eli Lilly, founder of the Lilly Pharmaceutical Company. You may want to take a stroll in the gardens designed by the famed Frederick Olmstead. We’ll make sure that you have food and drink with a gourmet stop in Fort Wayne on our way home. Then it will be time to tell about the wonders of Indiana to anyone who will listen! Includes lunch and two dinners.

Price: \$339 Member; \$375 Non-member

Reservation deadline: March 15

## The Detroit Nobody Knows...Yet

May 17, 2012

Larry Schlack, an aficionado and most enthusiastic supporter of Detroit, has planned a fresh, eye-opening view of our Michigan city. In a new corporate building downtown we will be privileged to hear one of the movers and shakers of the city tell us the plans for the future. After lunch at the Detroit Athletic Club we will have a guided tour of the city's renaissance including some amazing and unknown sights and some mystery visits. Now YOU will know the new Detroit! Come join us.

Price: \$113 Member; \$123 Non-member

Reservation deadline: April 15

## NEW SOCIAL EVENT

### Winter Gathering

Join other LLA members for lunch on Thursday, January 26 from 11:30 a.m.-1:30 p.m. We'll meet for soup and sandwiches, salads and dessert and lots of conversation at First United Methodist Church, 212 S. Park, Kalamazoo. Meet old friends or make new ones! Parking is behind the church off Academy St. Cost for lunch is \$10 per person. Volunteer to bring a salad or dessert to feed 6-8 and come for free! You may reserve your place by using the registration form in this brochure, by registering on-line using the website, or by calling the EUP office at (269)387-4174. Help to make this first LLA social event a success by attending!

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## SUMMER (JUNE) SNEAK PEAK

Several classes have been proposed for summer; others are yet in the planning stage. Some of the topics under consideration are:

- Jazz
- Baseball history and sociology
- Michigan's historic roadways
- Basic Photo-editing Online
- Family Story Writing
- Huckleberry Finn
- Living with Blindness
- Preserving Family Archival Materials

The complete schedule of 8-12 classes that will be offered in June will be available in early spring. Stay tuned!

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## WATCH FOR OUR SUMMER TRIPS!

### July 10: *Marine Michigan*

This will be a learning day along the Michigan shore including lighthouses, lunch, a chance to go on board one of the tall ships to hear about her romantic past, and more.

### Midsummer: *Lions and Tigers and Bears, Oh My!*

Grab your grandchild or a young friend or come by yourself for an intergenerational guided tour of Binder Park Zoo complete with picnic!

### September: *Stratford, Ontario*

Get ready for three days of theatre in Stratford with some fun surprises along the way. Stratford gardens will be beautiful and the crowds smaller. September 12-14.

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## 47TH INTERNATIONAL CONGRESS ON MEDIEVAL STUDIES (MAY 10-13, 2012)

The 2012 Medieval Congress marks the 50th anniversary of Western Michigan University's first Conference on Medieval Studies. This is another of those events that showcases the sophistication and intellectual level of our university and our community. Experience it for yourself!

The Congress is an annual gathering of more than 3,000 scholars interested in Medieval Studies. It features more than 550 sessions of papers, panel discussions, roundtables, workshops, and performances. The exhibits hall boasts nearly 70 exhibitors, including publishers, used book dealers, and purveyors of medieval sundries. The Congress lasts three and a half days, extending from Thursday morning until Sunday at noon. Attendance is free for Kalamazoo residents, but registration is required. Online registration will be available beginning in February at [www.wmich/medieval/congress](http://www.wmich/medieval/congress).

# 2012 Spring Registration Form for Lifelong Learning Academy Classes

Please print; only one person per form (duplicate as necessary).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address: \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact: (\_\_\_\_) \_\_\_\_\_

## LLA Membership

I would like to become an LLA Member.

I am a member -  
Membership number: \_\_\_\_\_

(Find your member number on your membership card)

The annual membership fee is \$35 and is valid for one year from the purchase date. Please refer to pg. 4 and/or the website for member benefits.

[www.wmich.edu/offcampus/lifelong](http://www.wmich.edu/offcampus/lifelong)

## Courses listed with Member & Non-member fees

	Members	Non-Members		Members	Non-Members
Minding Your Mind	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	Investment SIG (members only)	<input type="checkbox"/> \$ 0	
Using the Language of Ballet...	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Chelsea/Purple Rose Theatre	<input type="checkbox"/> \$ 98	<input type="checkbox"/> \$108
Beekeeping...	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Columbus, IN (2 days) or	<input type="checkbox"/> \$339	<input type="checkbox"/> \$375
The Power of Nutrition...	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	(\$100 deposit due now, balance due March 15.)	<input type="checkbox"/> \$100	<input type="checkbox"/> \$100
Egypt: Yesterday and Today	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	Detroit	<input type="checkbox"/> \$113	<input type="checkbox"/> \$123
Let Your Spirit Fly...Exercise	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45		Package	Class Only
Find Your Ancestors...Genealogy	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<b>The Gilmore</b> Session 1	<input type="checkbox"/> \$125	<input type="checkbox"/> \$ 45
Beer!... Mysteries of the Pyramid	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Session 2	<input type="checkbox"/> \$104	<input type="checkbox"/> \$ 45
When Generations Collide	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Session 3	<input type="checkbox"/> \$129	<input type="checkbox"/> \$ 45
Spanish Language & Culture of Spain	<input type="checkbox"/> \$60	<input type="checkbox"/> \$90	<input type="checkbox"/> Winter Gathering: Jan. 26.	<input type="checkbox"/> \$ 10	
Personal Reflections...Social Change	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	I am bringing a dessert or salad.	<input type="checkbox"/> \$ 0	
Getting Lost and Found...	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> I would like to make a donation		
Real Estate and You	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	to the scholarship fund.	\$ _____	
What Was Soviet Communism...	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	<b>TOTAL</b>	\$ _____	
Cultivating...Health	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	<input type="checkbox"/> I would like to request a scholarship.	_____	
An Introduction to...Dante	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> This is my first LLA class.		
Drugs Across the Lifespan	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> I would be interested in teaching a course.		
Antoine Lavoisier (1772-1789)...	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	<input type="checkbox"/> How did you hear about the LLA?	_____	
The Pharmaceutical Industry...	<input type="checkbox"/> \$60	<input type="checkbox"/> \$90	<input type="checkbox"/> I need a parking permit. If yes, please provide your vehicle's		
Let's Hear It for the Women...WWII	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	license plate number.	_____	
Ralph Waldo Emerson and "Nature"	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	In order to ensure the timely arrival of your parking permit, class registration		
			must be received two weeks prior to the first date of class.		
			<input type="checkbox"/> I would like to receive a campus map.		

## Payment

Total cost (course fees and/or membership): \$ \_\_\_\_\_

Check or money order made payable to **WMU - LLA**

Visa    Master Card    Discover

\_\_\_\_\_

charge card account number

\_\_\_\_\_

exp. date

\_\_\_\_\_

authorized signature

Registration begins January 9 for members and February 1 for non-members. Forms received earlier will not be processed until 1/9/12.

- REGISTER ONLINE: [www.wmich.edu/offcampus/lifelong](http://www.wmich.edu/offcampus/lifelong) (Payment required with Visa, MasterCard or Discover)
- MAIL TO: LLA, 3265 Ellsworth, Kalamazoo, MI 49008-5230. (Please use the zip + 4)
- FAX TO: (269) 387-4189
- CALL: (269) 387-4174 for more information

FOR OFFICE USE ONLY		23-324011
MO/check# _____	Cash _____	Credit card _____ Amt. Rcd. \$ _____
Receipt# _____	Date _____	Issued by _____

# 2012 Spring Registration Form for Lifelong Learning Academy Classes

Please print; only one person per form (duplicate as necessary).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address: \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact: (\_\_\_\_) \_\_\_\_\_

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[www.wmich.edu/offcampus/lifelong](http://www.wmich.edu/offcampus/lifelong)

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Let Your Spirit Fly...Exercise	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45		Package	Class Only
Find Your Ancestors...Genealogy	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<b>The Gilmore</b> Session 1	<input type="checkbox"/> \$125	<input type="checkbox"/> \$ 45
Beer!... Mysteries of the Pyramid	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Session 2	<input type="checkbox"/> \$104	<input type="checkbox"/> \$ 45
When Generations Collide	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	Session 3	<input type="checkbox"/> \$129	<input type="checkbox"/> \$ 45
Spanish Language & Culture of Spain	<input type="checkbox"/> \$60	<input type="checkbox"/> \$90	<input type="checkbox"/> Winter Gathering: Jan. 26.	<input type="checkbox"/> \$ 10	
Personal Reflections...Social Change	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	I am bringing a dessert or salad.	<input type="checkbox"/> \$ 0	
Getting Lost and Found...	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> I would like to make a donation		
Real Estate and You	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	to the scholarship fund.	\$ _____	
What Was Soviet Communism...	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	<b>TOTAL</b>	\$ _____	
Cultivating...Health	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	<input type="checkbox"/> I would like to request a scholarship.	_____	
An Introduction to...Dante	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> This is my first LLA class.		
Drugs Across the Lifespan	<input type="checkbox"/> \$40	<input type="checkbox"/> \$60	<input type="checkbox"/> I would be interested in teaching a course.		
Antoine Lavoisier (1772-1789)...	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	<input type="checkbox"/> How did you hear about the LLA? _____		
The Pharmaceutical Industry...	<input type="checkbox"/> \$60	<input type="checkbox"/> \$90	<input type="checkbox"/> I need a parking permit. If yes, please provide your vehicle's		
Let's Hear It for the Women...WWII	<input type="checkbox"/> \$30	<input type="checkbox"/> \$45	license plate number. _____		
Ralph Waldo Emerson and "Nature"	<input type="checkbox"/> \$20	<input type="checkbox"/> \$30	In order to ensure the timely arrival of your parking permit, class registration		
			must be received two weeks prior to the first date of class.		
			<input type="checkbox"/> I would like to receive a campus map.		

## Payment

Total cost (course fees and/or membership): \$ \_\_\_\_\_

Check or money order made payable to **WMU - LLA**

Visa    Master Card    Discover

\_\_\_\_\_

charge card account number

\_\_\_\_\_

exp. date

\_\_\_\_\_

authorized signature

Registration begins January 9 for members and February 1 for non-members. Forms received earlier will not be processed until 1/9/12.

- REGISTER ONLINE: [www.wmich.edu/offcampus/lifelong](http://www.wmich.edu/offcampus/lifelong) (Payment required with Visa, MasterCard or Discover)
- MAIL TO: LLA, 3265 Ellsworth, Kalamazoo, MI 49008-5230. (Please use the zip + 4)
- FAX TO: (269) 387-4189
- CALL: (269) 387-4174 for more information

FOR OFFICE USE ONLY		23-324011
MO/check# _____	Cash _____	Credit card _____ Amt. Rcd. \$ _____
Receipt# _____	Date _____	Issued by _____



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