



Wellness

Coors Wellness Center Undergraduate Student Intern Position

The nationally recognized Coors Wellness Center is offering an opportunity for undergraduate students to obtain hands on experience in a corporate wellness facility setting. This position entails a wide array of duties that will allow the student to gain knowledge and to further his/her education and career opportunities. The internship is 40 hours per week for a minimum of 10 weeks. Potential interns must have or be in the process of completing a bachelor's degree in the related field.

Education Requirements

- Bachelor's Degree (or in process of) in Exercise Science, Health Promotion or other health related fields
- Computer software skills to include: Microsoft Word, Excel, Power Point, and Outlook
- Work experience in wellness/fitness/rehabilitation and/or related course work preferred
- CPR and First Aid Certified

Principle Accountabilities

- Becoming familiar with policies and procedures of a corporate wellness center.
- Completion of one high profile health promotion program to include multi-tasking, marketing, advertising, communication, implementing, follow-up, and data analysis.
- Required to lead/instruct a fitness/strength training class.
- Proficiency in skills with blood pressure, body composition testing, exercise prescription, and fitness assessment.
- Mastery of day-to-day operations of programs by coordinating actions and strategies that support the bigger vision.
- Required to spend time each week on the exercise floor assisting members.
- Completion of a process improvement project based on membership survey results

Please email or mail resume the semester before you wish to start. The available time frames are Spring (January-April), Summer (May-August), and Fall (September-December).

For more information please contact:

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