

HET Major Courses (39 hours)

Required Cognates:

General Psychology or
Introduction to Human Behavior
Principles of Sociology
Principles of Biology
Human Anatomy
Human Physiology

Professional Preparation Courses:

Foundations of Health Education
Basic Health Concepts I, II, and III
Planning School Health Programs
Current Issues in Health Education
Modification of Health Behavior
Teaching Health in Elementary
Schools
Human Sexuality Education
Instructor First Aid
Teaching Strategies/Skills in Health Ed
Measurement and Evaluation in
Health Education
Cultural Dynamics of HPE
Electives (4 hours)

Professional Education Courses:

Human Development and Learning
K-12 Content Literacy
School and Society
Learners with Disabilities
Intern Teaching Seminar
Intern Teaching in HPE

Other Health Education Opportunities at WMU

Eta Sigma Gamma (ESG) is a national health education honor society.
The Gamma Mu Chapter of ESG was installed in 1993 and has since been an award-winning chapter.

1997: Teaching Activity of the Year
1997: Service Activity of the Year
1996: Service Activity of the Year
1995: Service Activity of the Year
1994: Teaching Activity of the Year



HET Minor Courses (26 hours)

Required Cognates:

General Psychology or
Introduction to Human Behavior
Principles of Sociology
Principles of Biology
Human Anatomy
Human Physiology

Professional Preparation Courses:

Foundations of Health Education
Basic Health Concepts I, II, and III
Planning School Health Programs
Human Sexuality Education
Instructor First Aid
Teaching Strategies/Skills in Health Ed
Measurement and Evaluation in
Health Education

The Health Education Teacher
Preparation
Program was selected in 2003 to
receive the
“Best Practice Award for Com-
prehensive Service in Education:
Build a Future Without AIDS,”
presented by the American Asso-
ciation of Colleges for Teacher
Education (AACTE).

About the Health Education Teacher Preparation Program

- ◆ Prepares candidates for licensure to teach health education in public schools
- ◆ Is nationally recognized by the American Association for Health Education and the National Council for the Accreditation of Teacher Education (AAHE/NCATE)
- ◆ Is the only Michigan health education program that prepares majors for K-12 certification
- ◆ Pass rate of 98.9% for Michigan Test for Teacher Certification.



HET majors engaged in health education at an elementary health fair.

Excerpts from mentor teachers about HET interns:

- ◆ "...maintains a stimulating and productive learning environment..."
- ◆ "...uses a wide variety of teaching techniques that allow for maximum learning among students..."
- ◆ "...uses innovative materials, a variety of subject matter, methods, techniques, and materials to maintain student interest in the subject..."
- ◆ "...is well prepared in the application of health education teaching methods..."
- ◆ "...instructional activities are effective and appropriate, and provide opportunities for all students to become involved in the learning process..."
- ◆ "...unit plans are outstanding; they are the best that I've seen in my 27 years of teaching..."

WESTERN MICHIGAN UNIVERSITY

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Health Education: Teacher Preparation Emphasis (HET)

Department of Health, Physical
Education, and Recreation (HPER)

WESTERN MICHIGAN UNIVERSITY

39-hour major: K-12 teaching license
26-hour minor: 6-12 teaching license

The **mission** of the Health Education Teacher Preparation Program is to prepare entry-level candidates through rigorous course work, practical field experiences, and other experiences that promote professional and personal development. These approaches will enable candidates to accomplish the following:

- comprehend health concepts;
- act as a resource;
- assess health needs;
- plan, implement, and evaluate health programs;
- coordinate activities and collaborate with other professionals; and
- communicate and advocate for health education concerns.