

Athletic Training Professional Program Four-Year Instructional Guide

First Year

Freshman Year

Fall Semester/Credits 13, 14, 17 or 18*

Psy 1000	Psychology	3	(Area V)
HPER 1490	Computers	3	
HPER 1110	Healthy Living	2	(Area VIII)
or HOL 1000	Choices in Living	3	
BIOS 1120	Prin. of Biology	3	
HPER 1810	First Aid/CPR	2	
HPER 1530	Intro to AT	3*	
HPER 1100	Taping/Bracing	1*	

Spring Semester/Credits

9 or 13*

[REDACTED]		(Area VI)
		Physics Waived
BIOS 2110	Human Anatomy	4
HPER 1100	Taping/Bracing	1*
HPER 1530	Intro to AT	3*

Second Year

First Semester in the Program

Sophomore Year

Fall Semester/Credits 13

Bios 2400	Human Phys.	4
HPER 2950	Biomechanics	3
HPER 2530	Injury/Illness	3
HPER 2400	Motor Dev.	3

Spring Semester/Credits 10

HPER 2540	Med. Conditions	3
HPER 2960	Stress Mgt/Flex.	2
HPER 2980	Exercise Phys.	3
HPER 4000	AT Fieldwork I	2

Third Year / Second Semester in the Program

Third Semester in the Program

Junior Year

Fall Semester/Credits 10

HPER 3830	Evaluation UE	3
HPER 3840	Modalities	3
HPER 3950	Aerobic Condition	2
HPER 4000	AT Fieldwork II	2

Spring Semester/Credits 13

HPER 3960	Strength	2
HPER 3150	Measurement & Eval	3
HPER 4860	Ther Exercise	3
HPER 4000	AT Fieldwork III	2
HPER 3850	Evaluation LE	3

Fourth Year / Fourth Semester in the Program

Senior Year

Fall Semester/Credits 7

HPER 4870	Sports Med. Seminar	3
HPER 4000	AT Fieldwork IV	2
HPER 3970	Body Comp.	2

Spring Semester/Credits 3

HPER 4500	Cultural Dynamic	3 (Writing Req.)
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Required (25-28):

Math	3	(math proficiency)
ENG 105	4	
Fine Arts	3-4	(Area I)
Humanities	3-4	(Area II)
US Culture	3-4	(Area III)
Other Cultures	3-4	(Area IV)
Natural Science	3-4	(Area VII)
Enhanced Prof.	3-4	

Minor (or Electives) (15-18)

* HPER 1530 and 1100 MAY BE TAKEN IN THE FALL OR SPRING TO ALLOW STUDENTS TO MEET ALL PRE-ADMISSION REQUIREMENTS INTO THE ATHLETIC TRAINING PROFESSIONAL PROGRAM (ATPP).
-STUDENTS APPLY TO THE PROGRAM THE FALL SEMESTER OF THEIR SOPHOMORE YEAR WHILE ENROLLED IN HPER 2530.