

## Elective Study in CECP

The Department of Counselor Education and Counseling Psychology (CECP) provides graduate students with many elective options that may complement a chosen area of study. Students from any of the master's degree programs (Counselor Education: College, Community or School Counseling; Counseling Psychology; Human Resource Development; Marriage and Family Therapy; or Rehabilitation Counseling/Teaching) or doctoral programs (Counselor Education or Counseling Psychology) in CECP may supplement their degree program with an elective course or series of elective courses that may help fulfill career objectives. **Elective areas of study should be chosen carefully with the consent of one's advisor.**

Students may select, with advisor approval, among three options for elective study in an area of interest, including those elective areas below.

- a. Limited Elective Coursework. Students may take a course or two to explore an area.
- b. Concentrated Elective Study. Students may take a collection of courses to gain more in-depth understanding and knowledge of a particular area.
- c. Elective Study to meet Academic Requirements for a specific professional credential [e.g., Holistic Health Care Certificate, ; SPADA Certificate/Certified Addictions Counselor; License as a Marriage and Family Therapist (LMFT)]. Consultation with an identified advisor in the particular area of interest is recommended to ensure compliance with current requirements. Programs in Holistic Health and SPADA are offered through the College of Health and Human Services. Students who desire the SPADA Certificate or Holistic Health Certificate must formally apply to the respective program and meet with an advisor from SPADA/Holistic Health.

The following list of elective options, while not exhaustive, is an abbreviated list of courses in areas of potential interest to CECP students.

<u>Holistic Health</u>	<u>SPADA/Addictions</u>	<u>Marriage and Family Therapy</u>
<i>Advisor: Jan Dekker</i>	<i>Advisor: Dr. Dennis Simpson</i>	<i>Advisors: Dr. Alan Hovestadt or Dr. Gary Bischof</i>
HOL 5310: Intro. to Holistic Health	ADA 6310: Seminar in Substance Abuse I	CECP 6610: Foundations of Systemic Family Therapy
HOL 6500: Seminar in Holistic Methods	ADA 6320: Seminar in Substance Abuse II	CECP 6620: Couple Interaction & Therapy
HOL 5500: Intro. to Holism & Expressive Arts	ADA 6300: Legal and Illegal Drugs of Abuse	CECP 6630: Family Interaction & Therapy
HOL 5510: Holistic Approaches to Healing Through Visual Art	BIOS 5070: Biology of Addictive Drugs	CECP 6640: Advanced Family Therapy
HOL 5530: Holistic Strategies for Illness and End of Life	ADA 5200: Family and Addiction	CECP 6650: Sex Therapy
HOL 5350: Holistic Approaches to Stress	ADA 5450: Alcohol, Drugs and Aging	FCS 5680: Gender, Culture and Families
HOL 5550: Successful Aging: Holistic Perspective	PSY 5260: Human Drug Use and Abuse	FCS 6520: Family Life Education
HOL 5300: Special Topics in Holistic Health	ADA 5800: Substance Abuse Prevention	FCS 6550: Adult/Child Relationships
HOL 5370: Health and Humor	ADA 5300: Clinical Theory in Substance Abuse Service Areas	FCS 6600: Studies in Family Relationships
HOL 5340: Holistic Health and Spirituality		