

**WESTERN MICHIGAN UNIVERSITY**  
**College of Education – Office of Admissions and Advising**  
**Physical Education Minor Secondary Emphasis (PESN): 25 HRS.**

NAME: \_\_\_\_\_ SS#: \_\_\_\_\_ CATALOG: \_\_\_\_\_

*Semesters/Sessions indicated are tentative and subject to departmental change. Check with advisor*

PREREQUISITES	COURSE	CR.HRS.	GRADE	SUB/TRAN
	<b>REQUIRED COGNATES:</b>			
	BIOS 1120/BIOS 1100 – Principles of Biology	4		
(BIOS 1120)	BIOS 2110 – Human Anatomy	4		
(BIOS 1120; BIOS 2110 recommended)	BIOS 2400 – Human Physiology	4		
	<b>REQUIRED COURSES: 17 CREDIT HOURS</b>			(Courses cannot count for both major and minor)
<b>“C” grade or better required</b>	HPER 1500 – Foundations of HPER	3		
(HPER 1500; All cognate courses)	Required Teaching Assistantship: (Apply at HPER Office)	C/NC		Semester Completed:
	HPER 3810 or 1810 – First Aid Instructor or First Aid	2		
(BIOS 1120)	HPER 2400 – Motor Development & Learning	3		
	HPER 3460 – PE Methods: Special Populations	3		
(HPER 3460) <b>“C” grade or better required</b>	HPER 4470 – PE Methods: Instructional Design (f/w)	3		
(HPER 4470) <b>“C” grade or better required</b>	HPER 4480 – PE Methods: Teaching Skills/Strategies (sp)	3		
	<b>REQUIRED ACTIVITY COURSES: 3 CREDIT HOURS</b>			(Courses cannot count for both major and minor)
<b>Choose One:</b>	HPER 1200 OR 1210 – Golf or Bowling	1		
<b>Choose One:</b>	HPER 1120 OR 1130 – Tennis or Indoor Raq. Sports	1		
<b>Choose One:</b>	HPER 2150 OR 2420 – Aerobic. Condt. or Aerobic Dance	1		
	<b>ELECTIVE COURSES: SELECT 5 CREDIT HOURS</b>			(Courses cannot count for both major and minor)
	HPER 1060 – Recreational Dance	1		
	HPER 1070 – Weight Training	1		
	HPER 1300 – Softball	1		
	HPER 1310 – Volleyball	1		
	HPER 1320 – Soccer	1		
	HPER 1330 – Basketball	1		
	HPER 1340 – Wrestling	1		
	HPER 1350 – Football	1		
	HPER 1360 – Track & Field	1		
	HPER 2350 – Theory of Coaching	2		

*All students who intend to complete the Secondary Physical Education minor will be designated as pre-secondary physical education. The following criteria must be met prior to application at the HPER Department (fourth floor of the Student Recreation Center): 1) Completion of 35 hours of University course work. 2) Completion of HPER 1500 with a grade of “C” or better. 3) Satisfactory completion of BIOS 1120.*

ADVISOR \_\_\_\_\_ DATE \_\_\_\_\_ STUDENT SIGNATURE \_\_\_\_\_