

WESTERN MICHIGAN UNIVERSITY
College of Education and Human Development – Office of Admissions and Advising
Physical Education Minor Secondary Emphasis (PESN): 25 HRS.

NORTH CENT MICHIGAN

NAME: _____ SS#: _____ CATALOG: _____

Semesters/Sessions indicated are tentative and subject to departmental change. Check with advisor

PREREQUISITES	COURSE	CR.HRS.	NORTH CENT MICHIGAN
REQUIRED COGNATES:			
	BIOS 1120/BIOS 1100 – Principles of Biology	4	BIO 101
(BIOS 1120)	BIOS 2110 – Human Anatomy	4	BIO 235
(BIOS 1120; BIOS 2110 recommended)	BIOS 2400 – Human Physiology	4	BIO 236
REQUIRED COURSES: 17 CREDIT HOURS			(Courses cannot count for both major and minor)
“C” grade or better required	HPER 1500 – Foundations of HPER	3	
(HPER 1500; All cognate courses)	Required Teaching Assistantship: (Apply at HPER Office)	C/NC	Semester Completed:
	HPER 3810 or 1810 – First Aid Instructor or First Aid	2	
(BIOS 1120)	HPER 2400 – Motor Development & Learning	3	
	HPER 3460 – PE Methods: Special Populations	3	
(HPER 3460) “C” grade or better required	HPER 4470 – PE Methods: Instructional Design (f/w)	3	
(HPER 4470) “C” grade or better required	HPER 4480 – PE Methods: Teaching Skills/Strategies (sp)	3	
REQUIRED ACTIVITY COURSES: 3 CREDIT HOURS			(Courses cannot count for both major and minor)
Choose One:	HPER 1200 OR 1210 – Golf or Bowling	1	
Choose One:	HPER 1120 OR 1130 – Tennis or Indoor Raq. Sports	1	
Choose One:	HPER 2150 OR 2420 – Aerobic. Condt. or Aerobic Dance	1	
ELECTIVE COURSES: SELECT 5 CREDIT HOURS			(Courses cannot count for both major and minor)
	HPER 1060 – Recreational Dance	1	
	HPER 1070 – Weight Training	1	
	HPER 1300 – Softball	1	
	HPER 1310 – Volleyball	1	
	HPER 1320 – Soccer	1	
	HPER 1330 – Basketball	1	
	HPER 1340 – Wrestling	1	
	HPER 1350 – Football	1	
	HPER 1360 – Track & Field	1	
	HPER 2350 – Theory of Coaching	2	

All students who intend to complete the Secondary Physical Education minor will be designated as pre-secondary physical education. The following criteria must be met prior to application at the HPER Department (fourth floor of the Student Recreation Center): 1) Completion of 35 hours of University course work. 2) Completion of HPER 1500 with a grade of “C” or better. 3) Satisfactory completion of BIOS 1120.