

WESTERN MICHIGAN UNIVERSITY
College of Education and Human Development – Office of Admissions and Advising
Athletic Training Program (ATDJ): 78 credit hours

(Non-teaching program ~ **Does not require minor**)

ALPENA COMMUNITY COLLEGE

NAME: _____ SS#: _____ CATALOG: _____

(PREREQUISITES)	COURSE	CR.HRS.	ALPENA COURSE
ALL COURSES IN THIS PROGRAM REQUIRE “C” GRADE OR BETTER AND MINIMUM 2.5 PROGRAM GPA			
REQUIRED COGNATES:			
	BIOS 1120/BIOS 1100 - Principles of Biology	4	BIO 114
(BIOS 1120)	BIOS 2110- Human Anatomy	4	BIO 201
(BIOS 1120; BIOS 2110 recommended)	BIOS 2400 - Human Physiology	4	BIO 203
	PSY 1000 – General Psychology	3	PSY 101
PRE-PROGRAM CORE REQUIREMENTS:			
<i>HPER 1530 recommended co-requisite</i>	HPER 1100 – Athletic Taping & Bracing Techniques	1	
	HPER 1110 - Healthy Living	2	
	HPER 1490 – Computer Applications for HPER	3	MTH 119
	HPER 1810 or 3810 – First Aid or First Aid Instructor	2	PEH 262
<i>HPER 1100 recommended co-requisite</i>	HPER 1530 – Introduction to Athletic Training	3	
REQUIRED COURSES:			
(BIOS 1120)	HPER 2400 – Human Motor Development & Learning	3	
(BIOS 2110; HPER 1810 or 3810; 1530)	HPER 2530 – Injury/Illness Survey & Management	3	
(HPER 2530)	HPER 2540 – Medical Conditions in Athletic Training	3	
(BIOS 2110)	HPER 2950 – Biomechanical Analysis of Activity	3	
(HPER 2950)	HPER 2960 – Stress Management and Flexibility	2	
(BIOS 2400)	HEPR 2980 – Exercise Physiology	3	
(HPER 1530)	HPER 3150 – Measurement/Evaluation in HPER	3	
(HPER 2950; 2980)	HPER 3950 – Aerobic Conditioning	2	
(HPER 2950; 2980)	HPER 3960 – Muscular Strength & Endurance	2	
(HEPR 2980)	HPER 3970 – Body Composition & Weight Control	2	
(HPER 1530; 56+ credit hours)	*HPER 4500 – Cultural Dynamics of HPER	3	
~ SEE ATHLETIC TRAINING PROGRAM DIRECTOR FOR ENROLLMENT INTO PROFESSIONAL PROGRAM ~			
PROFESSIONAL REQUIREMENTS:			
(All pre-program core requirements)	HPER 3830 – Athletic Injury Evaluation of the Upper Extremity	3	
(All pre-program core requirements)	HPER 3840 – Therapeutic Modalities	3	
(HPER 3830; All pre-program core reqts.)	HPER 3850 – Athletic Injury Evaluation of the Lower Extremity	3	
(All p/p core requirements; Dept. Approval)	†HPER 4000 – Field Experience in Athletic Training	8	/ / /
(HEPR 3830; 3840; all p/p core requirts.)	HPER 4860 – Therapeutic Exercise for Athletic Injuries	3	
(All pre-program core requirements)	HPER 4870 – Sports Medicine Seminar	3	

*This course satisfies the WMU baccalaureate writing requirement

†Four Experiences, two credit hours per experience

NOTE: 122 total hours are required for graduation. Credits earned in ENGL 1000, ED 1040, and MATH 1090 are not accepted toward meeting the 122 hour requirement.

NOTE: Athletic Training is a limited-access program. There is no guarantee of admission to the Athletic Training Professional Program. Applicants are selected by Athletic Training faculty based on their departmental criteria. Students who intend to complete the athletic training program will be designated as pre-athletic training until accepted into the professional program.